

Ramsholt – 8.5 miles tbc



A walk which takes you across fields to the Deben then downstream to Ramsholt before returning via fields and tracks through Shottisham.

After a lot of rain the approach to Ramsholt on the river wall may be muddy/slippy and, after leaving Ramsholt the field by the river can be under water – there's a diversion.

If the tide is very high the last 100m to Ramsholt may be covered.

All place names are taken from OS maps

Directions

Leave the car park and turn left, cross the main road and take the foot path to the left of the garage - this leads you out onto a cross field path.

When you reach the tarmac road there is a footpath sign straight across but this is generally overgrown – turn right and immediately left down a wide track.

As this track drops down a slope, bear left into another track with hedges on each side.

When you reach a 'cross roads' turn right – this bridle path leads past Lower Farm.

Stay on the main track as it bends to the left - it now follows the river all the way to Ramsholt.

As you approach the next left hand bend (Stonner Point) keep right up onto the sea wall and follow it all the way past Sluice Cottage after which it becomes a field edge path.

The path goes into the pine trees about two thirds of the way along this field.

It regains the sea wall for a while before climbing into Cragpit Plantation (a small wood) and then drops back to the seawall as you approach Ramsholt.

As you approach Ramsholt there's a stile? Into the field on your left – this is the return path.

Diversion – if the field is impassable walk up the road from the pub until you see a wall on the left and take the signed path going left – follow this down and up, bear left after the houses, keep going straight until you reach a narrow road, turn left towards the church.

After leaving Ramsholt return to the stile and follow the path across the field and up to the church.

At the church go straight on and, when you reach a T junction with another track, turn right.

Follow this until you reach the road and then turn left - take care on the blind bend as the road starts to drop down a slope.

At the junction with the main road (B1083) go straight over onto a bridleway to the left of 'New Cottages' – this will take you over to Shottisham.

At Shottisham go straight on with the pub on your right and, at the end of this lane, turn right by a house and then, at the corner of the allotments, turn left.

This path brings you to a stile? at a corner of the field – cross this and take the cross field path to the bottom right corner of the field.

On leaving the field take the broad bridleway to the left and then, almost immediately, go straight over the 'cross roads'.

Stay on this bridleway until you reach another 'cross roads' where you turn left onto another bridleway.

Follow this until you arrive at a T junction with a pair of semis' in front of you (Ablitt's Farm) - turn right.

This bridleway leads you to bottom of Old Post Office Lane – turn left to return to the car park.

