SUTTON NEWSLETTER NO 157 JULY 2019

VILLAGE WEB SITE can be seen at http://sutton.onesuffolk.net

SUTTON PARISH COUNCIL NEWS We are pleased to welcome Nancy Darke as our new Parish Clerk. She is a teacher who lives in Hollesley and has spent much of her life on the peninsular. If you have anything the Parish Council needs to be aware of she can be contacted at suttonparishcouncil@gmail.com or 01394 412111.

The next Meeting will be held on Tuesday 30 July at 7pm in the Sutton Bowls Pavilion.

EXPERIENCING A POWER CUT call 105, wherever you live, 105 will put you through to the right network operator. 105 is supported by the Government.

COMMUNITY SPEED WATCH volunteers are regularly out in Sutton monitoring the speed that vehicles travel through our village. We currently have five volunteers but obviously with illness, holidays and work commitments it is not always possible to get out as often as we would like. If you would like to volunteer to join this team or require further information please contact Alan McManus atspeedwatchsutton@outlook.com

OLD POST OFFICE LANE SITE Flagship have carried out various site meetings and visits and are now in a position to put information together for a tender pack. They are hoping to go out to tender towards the end of the summer for the construction of the four units at the front of the site.

MESSAGE FROM JAMES MALLINDER OUR NEW DISTRICT COUNCILLOR As your new district councillor at the newly formed East Suffolk council, I want to thank you for your support. My predecessor Christine Block was an excellent councillor and I pay tribute to her hard work and achievements here on the Peninsula. I hope very much to continue with her good work.

After relocating from London a number of years ago a change in lifestyle included a greater commitment to volunteering in the local community. As an active Parish Councillor in Hollesley, volunteer for Meet up Mondays and treasurer of a local Good Neighbour Scheme I know first hand the importance of volunteering and community involvement. 2019 saw me enter the East Suffolk council as your ward member for Deben and with my enthusiasm for the Environment I now hold the Environment portfolio.

When possible relaxation involves Running and bell ringing at the local church. I will keep your Parish Council updated with my endeavours and how I represent you at East Suffolk. If you see me around please introduce yourself and I look forward to meeting you. James

The Peninsula Practice
Telephone: Alderton 01394 411 641 & Orford 01394 450 315 www.thepeninsulapractice.co.uk

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Please note when a surgery is closed during the day, your call will be automatically transferred to the other site without the need to re-dial.

GP & STAFF MEETING CLOSURE DATES Staff Meeting 3rd July 13.30 -16.00 Phone Calls Accepted during this period

The surgery will be closed on Thursday 18th July at 13.00 for training.

Please contact NHS 111 when the Surgery is closed.

TO ALL OUR PATIENTS Dr Fiona Hobday will be leaving The Peninsula Practice on the 13th September 2019. We would like to thank her for her dedication to the practice and wish her all the best for the future.

We are currently in the process of recruiting a GP to replace Dr Hobday’s sessions and will keep our patients informed of these changes. Dr Crockett will continue as clinical partner together with Dr Nanayakkara, Dr Noone and a new GP, with the rest of our team to continue to provide a strong, sustainable and excellent service.

PENINSULA PRACTICE NEEDS TO GROW Across the country GP surgeries are facing increasing challenges in maintaining the quality of HS services they provide.
The Peninsula Practice has always been forward planning and in order to maintain a strong and sustainable service, we want to be pro-active in order to safeguard the outstanding service we provide to you.

With this in mind we are taking the opportunity to expand our practice area to Aldeburgh in 2020*. Aldeburgh Surgery (Church Farm), are in consultation with Peninsula Practice to join as one larger Practice who will provide a full service to the whole population under the name of The Peninsula Practice. There are no current plans to close any of the surgeries/branch sites.

The intention is to embrace the qualities of both The Peninsula and Aldeburgh GP surgeries, combine the services offered, share the skills and expertise of all staff across all sites, ensure capacity of staff, and journey together with all our patients to provide a safe, effective, responsive and well led service.

We would like to reassure you that this is a positive and exciting opportunity with the driving motivation being the development of a roust, resilient and sustainable service, and at its core a compassionate provider of patient entred care.

We invite your comments on this proposal as we go out to public consultation during July and August 2019 and would be happy to receive them by the following means:

**Email directly to Peninsula Practice:** iesccg.Peninsula-Practice@nhs.net

**Via our Peninsula Patient Participation Group (PPG):** peninsulapracticeppg@gmail.com

**In person at Aldeburgh church Hall:** There will be a public consultation meeting on Thursday 25 July at Aldeburgh Church Hall, 18.30-19.30. All are welcome.

**In person at Hollesley Village Hall:** There will be a public consultation meeting on Friday 26 July at Hollesley Village Hall, 18.30-19.30. All are welcome.

**In writing to The Peninsula Practice.**

*This proposal is subject to formal approval by the commissioners at clinical commissioning Group and NHS England.

**MOBILE LIBRARY** visits Sutton on Tuesday 23 July at the lay-by by Old Baptist Chapel, Woodbridge Road at 3.30pm **Use it or lose it!**

**Dates for 2019:** 23 July, 20 August, 17 September, 15 October, 12 November and 10 December.

**COFFEE AND CHAT** on Thursday 4 July from 9.30am in the Memorial Hall, everyone welcome.

**OUTREACH POST OFFICE VAN** visits the Memorial Hall on a Thursday morning from 9.45-10.45 all the usual post office facilities available. Services available through the outreach van – you can pay cash and cheques into your bank account through the post office, posting of letters and parcels, travel services, banking and finances, savings, insurance, broadband and phone. Why pay to park in Woodbridge when you can do all this at the outreach post office on a Thursday! **Please note the later time, the post office van now visits Sutton Heath first.**

**SUTTON LADIES CLUB** normally meets on the second Thursday of the month in the Memorial Hall at 7.30pm. In July we will be taking a boat trip along the River Deben, for more details please contact Jacki on 01394 411530. If you require further information regarding Ladies Club please contact Jacki on 01394 411530 or Dawn on 01394 410331. Ladies Club are arranging another Fashion Show to raise funds for the Blossom Appeal, this will be on Friday 20 September more details in future newsletters.

**MEMORIAL HALL NEWS** Daphne Menear will be on meet and greet for July and can be contacted on 01394 384659. All enquiries regarding booking of the Hall and the Recreation Ground or any equipment should be made to Joy on 01394 411886 or email on suttonmhbookings@gmail.com.

**SUTTON FETE** will be held on Sunday 18 August together with a fun dog show. There will be the usual attractions, BBQ, refreshments, grand raffle, wheelchair raffle, cake stall, bric a brac, games corner for children and more! We are always looking for helpers and if you would like to help in any way please contact Daphne on 0134 364659. We would greatly welcome donations of bric a brac, books, plants and cakes. Bric a brac can be left in advance in the car port at Redlands, Old Post Office Lane or alternatively phone Daphne on 01394 384659 and she will arrange collection. Plants and books can be left at the hall on the morning of the Fete. This year we are going to have a produce/vegetable stall if you have surplus vegetables/fruit you wish to donate again they can be brought to the hall on the morning of the Fete. We will be having an area for car boot sales on the playingfield at the Fete, **but all pitches must be booked in advance by phoning Dawn on 01394 410331.**
VILLAGE BREAKFAST  the next breakfast event will be held in the Memorial Hall on Saturday 6 July from 9am. Last orders for cooking taken at 10.30am. If you are intending to come it would be appreciated if you would book on 01394 411793. Thank you.


TEDDY TOMBOLA  Kelly is still collecting teddies for a tombola at the Sutton Fete, if you have any you wish to donate please contact Kelly.

GRAND RAFFLE  will be drawn at the end of the Fete on 18 August, the first prize will be £200. We have printed raffle tickets and will be delivering two books of tickets to each residence in Sutton. If you are unable to sell the tickets please return the unsold books to Redlands, Old Post Office Lane, or alternatively please phone 01394 384659 and we will collect the books from you. If you require more tickets to sell again please phone the above number. Unsold tickets, stubs and money should be left at Redlands, Old Post Office Lane, please post through the front door letter box and not the porch letter box where the dog is!

JUMBLE SALE  our annual Jumble Sale in aid of the play equipment fund will take place in early October. Please hold onto any items of clothing, we will be collecting once the Fete is over. Thank you.

CHURCH NEWS  Our vicar writes

Dear friends

‘Let’s celebrate’ was the title of our recent flower festival at All Saints’ Church, Sutton – and what a wonderful celebration of talent and ingenuity that was! It was preceded by another very successful and enjoyable flower festival at Bawdsey, despite the disappointing weather conditions which meant we were unable to allow people to go up the tower on Saturday. But the rain is making our crops and gardens grow and there is indeed plenty to celebrate. In particular, we are celebrating the award to Boyton Church and Village Hall of a silver Eco-Church certificate. Eco Church is an A Rocha UK project, run in partnership with Christian Aid, The Church of England, The Methodist Church and Tearfund. The online questionnaire explores our actions and attitudes in five key areas of church life:

- Worship and teaching
- Management of church buildings
- Management of church land
- Community and global engagement
- Lifestyle

In order to qualify for an Award the church must attain at least the required standard (bronze, silver or gold) in all of those areas. On 30th June everyone is invited to Boyton church at 10am to a celebration communion service where we will welcome guest speaker Simon Brown from A Rocha who will present the award certificate. Other churches are in the process of applying for this accreditation which underlines our commitment to caring for our environment.

The following Sunday, 7th July there will be a Songs of Praise at Alderton Church at 3pm, followed by refreshments. ‘Peace’ is our theme and ‘Rolls of Honour’ naming all those who served in the First World War will be dedicated and presented to all 7 parishes of the Deben peninsula. Finally, you may have heard on the ‘grapevine’ that I will be retiring from being vicar of these 7 parishes in February of next year. By making this public now, I hope we will all have time to make plans for the future so that our church communities can continue to flourish and be a blessing to the community as a whole. Michael and I will be moving back to Essex but hope to be frequent visitors to the area and people we love so much.

Ruth
Communion 11.00 Boyton, Holy  
Revd Michael

Praise 11.00 Shottisham, Morning  
Helene Berry

Praise 3.00 Alderton, Songs of Peace and  
Ruth

Sea Sunday 9.30 Hollesley, Family  
Ruth

Praise 9.30 Sutton, Morning  
Michael

Matins 11.00 Ramsholt,  
Canon Roy Tricker

Communion 11.00 Bawdsey, Holy  
Ruth

& Baptism 6.00 Shottisham, Evensong  
Michael

healing 6.00 Hollesley, Reflection & Song with prayer for  
Di Barnard/Revd Ruth

Thurs 18th July 10.30 Glebe House, Hollesley, Holy  
Ruth

Saturday 20th July 12.00 Hollesley, Messy  
Ruth & team

Church 8.00 Alderton, Holy Communion  
Ruth

(BCP) 8.00 Alderton, Holy Commination  
Ruth

Fifth Sunday after Trinity 9.30 Hollesley, Café Sundae – God &  
Judy Fouger

Communion 11.00 Sutton, Holy  
Ruth

Evensong 6.30 Hollesley,  
Gill Whiffin

28th July 8.00 Boyton, Holy Communion  
Ruth

(BCP) 9.30 Shottisham, Family  
Ruth

Sixth Sunday after Trinity 9.30 Hollesley, Sung  
Michael

Eucharist 11.00 Ramsholt, Holy Communion  
Michael

(BCP) 11.00 Bawdsey, Morning  
Michael

Praise 6.30 Sutton,  
Joy Andrews & team

FRIENDSHIP LUNCH CLUB  the next meal will be on Thursday 20 June and will be held as usual in the Memorial Hall at 12 for 12.30. The price of the meal is £5 per person. All who are alone, lonely, find it difficult to cook are invited. If you wish to attend you must book your place by phoning Sue on 411793 or Daphne on 384659. If you require transport please contact Sue or Daphne. If you are housebound and would like to have a meal delivered again contact Sue or Daphne.

GIRLS NIGHT OUT is an event held every other month by the Girls from All Saints Church, Sutton and held in the Memorial Hall, girls from the age of 16 to 80plus are welcome to join us. Tickets are £6 each and it is a bring your own drink event. The next evening will be Friday 26July on a ‘Schools Out for the Summer’ theme. Tickets must be booked by Monday 22 July by phoning Sue on 01394 411793.

2019 FLOWER FESTIVAL the Church looked stunning, the arrangements were magnificent and the perfume from the flowers met you as you entered the Church! Thank you to the arrangers, to those that lent accessories, provided greenery, made cakes, helped serve refreshments, sold raffle tickets and handed out programmes and greeted our visitors, your help was greatly appreciated. Lastly a huge huge thank you to Daphne for overseeing the whole event and for her guidance and patience with us.

PILATES CLASSES at Hollesley, daytime and evening classes. For more details contact Sandy Renton Green on 01394 410530.

WOODBRIDGE PROBUS Our next meeting on July 1st is the lovely occasion of our ladies summer lunch. Our August speaker will be Peter Wain telling us about the long lost port of Gosford at the mouth of the Deben.
Our venue on the first Monday of each month is Woodbridge Golf Club, a social get together, a delicious lunch and a fascinating speaker. Have a look at our website woodbridgeprobust.org.uk you will be fascinated.

BAWDSEY SCHOOL  We have had an exciting year at Bawdsey school promoting outstanding learning and the children's individual skills and talents. The pupils have had a lot of links with BT, lego league and developing their IT skills, as well as developing their creativity. This has included having art works chosen for the Peter Pears gallery, brass being taught to all year 5 and 6 pupils, performing in the concert at Farlingaye, the Suffolk school ensemble at Jerwood and going to the Red House in Aldeburgh. Being mindful of our proximity to the sea the children from Nursery to Year 6 have loved their Wild Beach sessions every half term. Sport is still a favourite at the school, having our School Gold Sports award for four years, we are hoping to get our platinum soon- we also still run a multitude of sport clubs after school for the pupils and have two terms of swimming at Deben pool for pupils in years 2-6 during the year. Working with the Onelife Suffolk group we are going for our Gold Healthy school award too. By gardening our allotments at the Suffolk Punch Trust and having vegetable beds at school we are learning about growing, preparing and eating healthy foods. We would love it if you could support us in getting some new gardening equipment, by putting tokens into the Co-op collecting boxes for us in Woodbridge.

Our Nursery is growing and we still offer lower costs than other settings for two year olds and for 3 year olds there are no charges (if you use the 15 hours given every child gets in the country, at Bawdsey school- we will give lunchtimes and afternoons free from the child’s 3rd birthday). So for clarity all 3 yr old children are given full-time care in our EYFS unit for no cost from their 3rd birthday.

We hope you can come along to our thriving Baby and toddler group on Tuesday mornings in the school hall, or the stay and play sessions on Friday afternoons in the EYFS unit (no charges). Any seniors are also invited to come for the lunch with the children on the second Thursday of each month. (For this please call in advance by 9.30 to book a place- Under £4 for two courses and a chance for tea/ coffee and a chat afterwards.) Coming up is our Strawberry fair on Friday 5th July from 3-6pm, which has a hog roast, circus skills area, stalls and of course strawberries- do come and join in. Lastly we would like to thank you for all the support we have from the Peninsula each year and all the opportunities we are given locally. With best wishes from all at Bawdsey School & Katie Butler (Headteacher)

SET SAIL FOR AN ISLAND ADVENTURE THIS SUMMER  Nature lovers young and old can discover more about Suffolk’s only island this summer with the RSPB’s annual Havergate Adventure event, being held from 10-12 August 2019. Run by the RSPB Woodbridge Local Group, the Havergate Adventure offers an amazing opportunity for people to come and explore Havergate Island, its lagoons and salt marshes and encounter some of the wildlife that calls it home.

Now in its 31st year, the Adventure starts with an exhilarating 20-minute boat journey from Orford Quay to the Island. Once ashore, visitors explore the Island alongside an RSPB volunteer guide who will be on hand to help spot them some of the birds, animals and insects living on Havergate including the avocet – best known as the bird featured in the RSPB logo. To make sure visitors don’t miss any of the Island’s hidden treasures, binoculars are available to hire for free on the day.

At the end of the Adventure, visitors can buy homemade cakes, snacks and refreshments to enjoy along with a well-earned sit down, before heading back over the water to Orford.

This fun and fascinating wildlife event will be taking place on Saturday 10 August, Sunday 11 August and Monday 12 August, with guided tours leaving every half hour from 9.30am until 1.30pm from Orford Quay. Advance bookings only and tickets are £15 adults and £5 for under 16s.

RSPB Woodbridge Local Group leader Paul Hetherington said: “Havergate Island is alive with wildlife and during August, it becomes home to hundreds of wading birds including avocets and spoonbills which is a real sight to see. As well as the birds there’s also butterflies and insects and animals that also love island life – there’s so much to see and discover, it really is an unforgetable day out for the whole family.”

To book your tickets visit www.rspb.org.uk/havergateisland or for more information search for RSPB Woodbridge Local Group on Facebook.

PENINSULA SOCIAL CLUB replacing the Hollesley Bay Day Club will be held in Hollesley Village Hall 2-4pm on the second and fourth Tuesday of each month. For further details please contact Alan on 01394 420092. Everyone welcome.

BAWDSEY HAVEN YACHT CLUB visit to Mid Suffolk Light Railway station 11am with guide tour £10. Come by own transport. For further details and to book phone Nick on 01394 410258 or nicholas.rose@uwclub.net
Coach trip to Essex for cruise on the Chelmer Navigation, visit to Museum of Power and Maldon on Sunday 6 October. Cost including coach, cruiser trip and museum £35 per person, children half price. To book please contact Nick as above.

CONTACT NOS

Revd Ruth Hatchett, 01394 412052  ruth_hatchett@yahoo.co.uk  Team Vicar for Deben Churches
Daphne Menear 01394 384659  daphnemenear@hotmail.com  Chairman of Memorial Hall Committee
Nancy Darke 01394 412111  suttonparishcouncil@gmail.com  Clerk to Sutton Parish Council
Joy Porter  -  suttonmhbookings@gmail.com  Hall hire enquiries

WHAT'S ON

4 July  Knit and Natter Group being held at The Swan Alderton 1.30 to 3pm
6 July  Village Breakfast Sutton Memorial Hall from 9am last orders 10.30am to book 411793
6 July  Alderton Fete on Recreation Ground at 2pm
9 July  Community Land Trust AGM 7p Hollesley Village Hall
20 July  Bawdsey Market 2pm Village Hall
21 July  Bawdsey Village Garage Sale and Car Boot 10am-2pm