

# SUTTON NEWSLETTER NO 207

## SEPTEMBER 2023

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DAY	ALDERTON	ALDEBURGH	ORFORD
Monday	8.00 to <b>14.30</b>	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	8.00 to 18.30	<b>CLOSED</b>
Wednesday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>
Thursday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>
Friday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>

Thursday 7<sup>th</sup> September from 13.00: staff training. Alderton surgery will be open for booking future appointments, and the dispensary will be open for collections. Aldeburgh and Orford surgeries will be closed. All calls will continue to be redirected to 111 for this afternoon.

### **Flu vaccine clinics 2023**

Our upcoming flu vaccine clinics:

- Wednesday 20<sup>th</sup> September 2023 – *Aldeburgh Old Generator Station*
- Tuesday 26<sup>th</sup> September 2023 – *Orford Surgery*
- Thursday 5<sup>th</sup> October 2023 – *Hollesley Village Hall*

### **Eligible groups**

Everyone 65 years and over;

- those in clinical risk groups;
  - pregnant women;
- all children aged 2 or 3 years and primary school aged children;
  - residents in care and nursing homes;
- carers in receipt of carer's allowance, or the main carer of an elderly or disabled person;
  - close contacts of immunocompromised individuals;
  - frontline workers in a social care setting.

We have sent out texts with links to online booking for your flu vaccine appointments – please ensure we have the up-to-date contact details for you as this is the quickest way to book your appointment. If you have registered a preference for another form of contact, we will have sent you a letter or email invite.

If you believe you are eligible for a flu vaccine and have not heard from us, please call the surgery after 11am.

We are organising flu clinics directly with care and nursing homes.

If you are registered as housebound, we are contacting you directly to organise your vaccine. If you believe yourself to be medically housebound and are unsure if we have you registered as such, please call the surgery after 11am.

At this point of publication, we are hoping to deliver the Covid vaccinations at the same time as our flu vaccine, however, this is dependent on national protocol and vaccine delivery.

Our staff are working hard to ensure that everyone who is eligible and wants their vaccine will receive it as soon as possible.

### **PARISH COUNCIL NEWS**

If you have a problem or concern Linda Candy the Parish Clerk can be contacted via the email address [suttonparishcouncil@gmail.com](mailto:suttonparishcouncil@gmail.com) or by phoning 07769912164.

**PARISH COUNCIL MEETING** the next meeting will be held on Tuesday 19 September at 7pm in the Bowls Pavilion.

**THERMAL IMAGING** The Parish Council has the opportunity to use the Thermal Imaging Camera again. If anyone is interested in having a Thermal Imaging Survey carried out on their property please contact the Parish Clerk.

**SOLID OAK POST** Used 8` 6" 6x6 solid oak post available, offers. Viewing by arrangement

**HEDGES** if you have a hedge or branches from a tree on the boundary of your property and it is growing over the public footpath/pavement can we please ask that you trim back the hedging to allow full access of the footway and also to improve visibility on any road junctions. Thank you.

### **CITIZENS ADVICE For free, confidential and independent advice:**

Call us on 0808 278 7866 between 10am to 2pm Monday to Friday.

Our lines are very busy at the moment, so alternatively visit [www.caes.org.uk](http://www.caes.org.uk) for all the different ways you can contact us.

### **SUTTON MEMORIAL HALL NEWS: 100 CLUB** the winners for the draw last month were:

1<sup>st</sup> £30 Ball 24 Helen Shand, 2<sup>nd</sup> £20 Ball 21 Freda Backhouse, 3<sup>rd</sup> £10 Ball 7 Roger Menear  
4<sup>th</sup> £5 Ball 2 Kath Backhouse. This draw brings in a regular income for the play equipment fund and more numbers are available should anyone else wish to join in. Anyone can join at any time, for more details please contact David on 01394 410279.

**VILLAGE BREAKFAST** the date for the next Village Breakfast is Saturday 7 October, all places have to be booked by phoning Sue on 01394 411793. The dates for 2023 are: 7 October and 2 December. Price of breakfasts are £6.50 for a normal breakfast, £7.50 for a large breakfast and £3 for a child's portion (under 14s).

**COFFEE AND CHAT** will be held in the Memorial Hall on Thursday 7 September from 10am.

**QUIZ** Fri 13 Oct, Fri 8 Dec 2023. The Quiz Night includes a Fish and Chip Supper £10 per person 7pm for 7.30pm start. To book or for further details please contact Jacki on 01394 411530.

**ANNUAL JUMBLE SALE** will be held on Saturday 14 October at 2pm. If you have any items of good clothing etc that you can donate please contact Sue or Daphne. The money raised from this event each year goes towards the inspection costs and up keep of the children's play equipment.

### **DATES FOR YOUR DIARY:**

**CHRISTMAS MARKET** Saturday 25 November from 10am

**CHRISTMAS TEA PARTY** Monday 4 December from 2pm

### **CHURCH NEWS**

Dear All,

Well, it's now September and I've been here in Suffolk for just a year now. So, I've seen all four seasons of the year, and now I know what to expect for what the weather may be like and have a good idea of what plants to put into the garden and what will grow and will not .(Well that's not true as I'm not a grower, I have someone come in to look after the garden really.) But I have now seen all four seasons come round. So, does that make me an authority on giving growing tips?

No, definitely not. The person to seek advice from is a seasoned grower.

However, if you ask them for advice, they will tell you that they now are not sure what type of plants to put in the field as our seasons are no longer predictable, as we have all seen. Warmer and wetter winters longer spells of high or cold temperatures. This may be down to Global Warming and how we may or may not have cared for our environment and in turn each other. We still have a lot to learn about caring for each other and the World God has given us. With all these changes we go through we need to adapt to deal with everything. Sometimes it seems like we will never change, and we are our own worst enemies.

But that's not true. We are also best friends. So, my time in the Pandemic and even now when the cost of living keeps going up, you can see the kindness of others reaching out to help others less fortunate than ourselves. Let's celebrate that people still care about each other and the environment

and continue to do so. After all the time to truly worry is when people stop caring about anything. Then we are really in trouble.

So, what am I saying? Well really, it's Thank you to everyone for looking out for each other in so many different ways. We are not such a bad bunch of people really.

In the Book of Genesis in the Bible, we read on the 6th day God looked at all that was been created and said It was Good and was pleased. God continues to have Faith in us perhaps we should have more Faith in God to help in our daily lives Prayer is never wasted.

Thank you. Revd Capt Simon Cake. CA.

### SERVICES IN SEPTEMBER

3 Sep	9.30	Morning Praise	Sutton Heath
10 Sep	11.00	Café Church	All Saints Sutton
17 Sep	11.00	Communion	All Saints Sutton
24Sep	11.00	Family Service	All Saints Sutton

**ALL SAINTS FLOWER FESTIVAL** 'My Favorite Things' was a tremendous success and we had a wonderful weekend. We were very lucky with the weather after so many wet weekends and all our visitors were able to enjoy their refreshments in the marquee. The Church looked absolutely stunning and smelt wonderful from the scent of all the flowers and the arrangements were just magnificent, thank you to the flower arrangers for all the hours of planning and arranging. Again we had a record attendance and a record profit making £2057. Again a huge thank you to the flower arrangers, also thank you to all the people who helped to erect the marquees and cleared them away, to those that served refreshments, sold raffle tickets, donated raffle prizes, made cakes and scones, provided greenery or helped in any other way – THANK YOU one and all.

A selection of some of the photos from the Flower Festival:



Photographs are available to view on the village website.

**RIDE AND STRIDE** will take place on Saturday 9 September. If you would like to take part and raise money for All Saints Church please contact Ingrid for a sponsor form.

**KNIT AND NATTER** we will be meeting in the Memorial Hall on Friday 1 September from 2pm. Do come along and join us with your project, if you do not knit/crochet but enjoy another craft bring that along.

**GIRLS NIGHT OUT** the next event on the theme of Harvest will be held on Friday 8 September, 6.30pm for 7pm £6 per person. Places must be booked by phoning Sue on 01394 411793 or emailing [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com) The dates for 2023 are: 8 September and 17 November.

**FRIENDSHIP LUNCH** the next Friendship Lunch will be held on Thursday 21 September in the Memorial Hall at 12 for 12.30. The price of the meal is £6 per person. All who are alone, lonely, find it difficult to cook are invited to attend. **If you wish to attend you must book your place by phoning Sue on 411793 or Daphne on 384659.** If you require transport again please phone Sue or Daphne to arrange this. If you are housebound and would like to receive a meal delivered to your home in Sutton again phone either of the above named ladies.

**MARTIAL ARTS CLUB** held on a Tuesday, Thursday evenings and Saturday morning in the Memorial Hall for children and adults. For more details regarding the Kuk Sool Won Woodbridge Club please contact [.pauldtaylor@hotmail.co.uk](mailto:pauldtaylor@hotmail.co.uk).

**OUTREACH POST OFFICE VAN** visits the Memorial Hall car park on a Thursday from approx 10.00-10.45 all the usual post office facilities are available.

**MOBILE LIBRARY** visits Sutton on a Tuesday once a month at the lay-by by the Baptist Woodbridge Road, at 1535-1545. The dates for 2023: **12 September, 10 October, 7 November and 5 December**

**WOODBIDGE PROBUS CLUB** A luncheon club for retired or semi-retired men from all walks of life including business and professional. The perfect way to spend a lunchtime. On the first Monday of each month at Woodbridge Golf Club. For more information please go to our website: [woodbridgeprobus.org.uk](http://woodbridgeprobus.org.uk) or email: [roger952brown@hotmail.co.uk](mailto:roger952brown@hotmail.co.uk)

**WOODHALL MANOR** there will be Fireworks taking place at a wedding at Woodhall on Friday 8<sup>th</sup> September 2023 at 8:45pm.

**NEWSPAPERS** there is a facility to have your newspaper delivered to the Memorial Hall for collection each day. For more details please phone Caroline on 01394 410069 or email her on [caroline.fiddes@msn.com](mailto:caroline.fiddes@msn.com)

**IKEA** trip on Tuesday 7 November coach leaving Bawdsey at 8.30am, picking up at Alderton, Sutton, Melton Station and Woodbridge. Leaving IKEA at approximately 3.30pm. £17.50 per head. If interested please contact [judyfoulger02@gmail.com](mailto:judyfoulger02@gmail.com)

**MICHAELMAS FAIR** at All Saints Hollesley on Saturday 30 September 11am-3pm Light Lunch/Teas/Stalls/Raffle

**Deben Ferry** daily 10.00am-5.00pm

**Boathouse Café** open Thursday-Monday 11.00am-5.00pm from 5 September

**Poppy's Café** Rock Barracks – Shut 18 August – 4 September

**Thrift Shop** Rock Barracks – shut 18 August – 4 September

**Marsh Farm Café** RSPB Reserve Hollesley open 10.00am-2.00pm daily

**Suffolk Punch Trust/Café** open Friday - Monday 10.30am-4.00pm from 4 September

**Blue Rabbit Café, Shottisham** – Open 10.00am-1.30pm

**Pete's Pizzas, Shottisham** – Ring 07850 815486 for days/times

**CONTACT NOS:**

Rev Simon Cake            07710 523856  
Linda Candy  
Joy Porter

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If you wish to receive the newsletter electronically and also any urgent matters, eg road closures, roadworks etc please contact [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com). Email addresses remain confidential and are not shared with a third party.



