

# SUTTON NEWSLETTER NO 200

## FEBRUARY 2023

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VILLAGE WEB SITE can be seen at <http://sutton.onesuffolk.net>



DAY	ALDERTON	ALDEBURGH	ORFORD	HOLLESLEY
Monday	8.00 to <b>14.30</b>	8.00 to 18.30	8.00 to 18.30	13.30 to <b>17.30</b>
Tuesday	8.00 to 18.30	8.00 to 18.30	<b>CLOSED</b>	<b>CLOSED</b>
Wednesday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>	<b>CLOSED</b>
Thursday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>	<b>CLOSED</b>
Friday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>	<b>CLOSED</b>

### STAFF TRAINING DATES

Alderton and Orford surgeries will be closed from 13.00 for staff training on Thursday 9<sup>th</sup> February. Aldeburgh surgery will be open for collecting paper prescriptions and booking future appointments. All calls will continue to be redirected to 111 for this afternoon.

This means that there will be no clinical staff available during this afternoon at any site.

**When the surgery is closed please call NHS 111.**

Alderton dispensary is currently open from 9am on Fridays.

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### Compassionate Companions

Our Compassionate Companion service is growing. Companions support people to live their lives fully before they die, providing companionship for people and families affected by life-limiting illness, and enabling conversations about choices at end of life.

Our 3 day training programme for new companions is in February, if you want more information or know anyone who may be interested please use the contact form at the bottom of this page:

<https://www.compassionate-communities.co.uk/compassionate-companions>

Using the right service – children and streptococcus

**Contact your GP or 111 if your child/baby:**

- is getting worse
- is feeding or eating much less than normal
- has had a dry nappy for 12 hours or more or shows other signs of dehydration
- is under three months and has a temperature of 38°C, or is older than three months and has a temperature of 39°C or higher
- feels hotter than usual when you touch their back or chest, or feels sweaty
- is very tired or irritable.

*Sometimes seeing the GP can delay you getting the right care:*

**Call 999 or go to A&E if your child:**

- is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- has blue skin, tongue or lips
- is floppy and will not wake up or stay awake.

**PARISH COUNCIL NEWS** If you have a problem or concern Linda Gunson the Parish Clerk can be contacted via the email address [suttonparishcouncil@gmail.com](mailto:suttonparishcouncil@gmail.com) or by phoning 01394 410279.

**PARISH COUNCIL MEETING** the next meeting will be held on Tuesday 28 March at 7pm in the Bowls Pavilion. All public and press are cordially invited.

**VACANCY FOR CLERK** Do you want to serve your local community? If you do Sutton Parish Council is looking for a new Parish Clerk/Responsible Financial Officer. This is a paid part-time position working four hours per week, working from home. The role includes arranging and attending Parish Council meetings, taking Minutes, dealing with basic accounting and advising and working with Councillors. No previous experience is required as training is available. For more details please contact Linda Gunson (Parish Clerk) by emailing [suttonparishcouncil@gmail.com](mailto:suttonparishcouncil@gmail.com) or telephone 01394 410279

**PARKING ON FOOTPATHS** The parish council has received complaints regarding cars parking on footpaths in the village. Please be mindful of others when you leave your vehicle ensuring the footpath is not obstructed or other drivers inconvenienced when manoeuvring out of junctions. Thank you.

**VOTER ID** The UK Government has introduced a requirement for voters to show photo ID when voting at a polling station at some elections. This new requirement will apply for the first time in England at the local elections on Thursday 4 May 2023.

Which forms of ID can I use to vote?

You may already have a form of photo ID that is acceptable. You can use any of the following:

- Passport
- Driving licence (including provisional license)
- Blue badge
- Certain concessionary travel cards
- Identity card with PASS mark (Proof of Age Standards Scheme)
- Biometric Immigration document
- Defence identity card
- Certain national identity cards

For more information on which forms of photo ID will be accepted, visit [electoralcommission.org.uk/voterID](http://electoralcommission.org.uk/voterID) or call their helpline on 0800 328 0280.

**If you don't have an accepted form photo ID**

If you don't already have an accepted form of photo ID, or you're not sure whether your photo ID still looks like you, you can apply for a free voter ID document, known as a Voter Authority Certificate. You can apply for this at [voter-authority-certificate.service.gov.uk](http://voter-authority-certificate.service.gov.uk).

Alternatively, you can complete a paper application form and send this to the electoral services team at your local council.

If you need any help with applying for a Voter Authority Certificate or want to request an application form, contact your local council. To find their contact details visit [electoralcommission.org.uk/voter](http://electoralcommission.org.uk/voter).

**Find out more**

If you have any questions or would like to find out more, go to [electoralcommission.org.uk/voterID](http://electoralcommission.org.uk/voterID), or call their helpline on 0800 328 0280.

**PLANNING** If you have comment to make on the following planning applications please contact the Planning Department at East Suffolk Council:

DC/22/4886/FUL Sutton Hall Estate Sutton B1083 the erection of 2no agricultural stores.

Listed Building Consent to replan and renovate the North bedroom wing with improved dressing and en suite. No changes to historic fabric, all beams retained. Only modern plasterboard walls to be moved. Strip render and repair plinth. Cement render removed at low level to re expose plinth to be breathable. Like for like brick repair with lime mortar where required. To building perimeter. Replace modern 1980s windows with flush casement slimlite double glazed units of appropriate design. Reinstall existing terrace with new steps from terrace to garden level. Ferry Farmhouse, Ferry Farm Drive Sutton Ref No DC/23/0212/LBC and DC/23/0211/FUL

**LITTER PICK** in the village will be held on Saturday 18 March, more details in March newsletter

**MEMORIAL HALL NEWS: 100 CLUB** the winners for the January draw were: 1<sup>st</sup> Ball 19 £30 Bernard White, 2<sup>nd</sup> Ball 26 £20 Les Andrews, 3<sup>rd</sup> Ball 15 £10 George Franks, £60 of Prizes and £60

Profit towards the Playground Funds. Well done all, thank you to all that entered the draw this month. This draw brings in a regular income for the play equipment fund and more numbers available should anyone else wish to join in! Anyone can join at any time, for more details please contact David on 01394 410279.

**VILLAGE BREAKFAST** the date for the next Village Breakfast is Saturday 4 February, all places have to be booked by phoning Sue on 01394 411793. The dates for 2023 are: 4 February, 1 April, 3 June, 5 August, 7 October and 2 December. Price of breakfasts are £6.50 for a normal breakfast, £7.50 for a large breakfast and £3 for a child's portion (under 14s).

**KNIT AND NATTER** there will be no Knit and Natter sessions in the hall in January and February, we hope to meet again in March weather permitting. In the meantime the ladies are continuing to knit/crochet squares for End of Life blankets at Ipswich Hospital. If you enjoy knitting/crocheting and would like further details on how to be involved in this project please contact Sue on 01394 411793 or email [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com) for details. If knitting is not your thing, but you would be prepared to sew the squares together, again please contact Sue.

**COFFEE AND CHAT** will be held in the Memorial Hall on Thursday 2 February from 10am. Do come and join us especially if you are new to the village.

**QUIZ DATES** Fri 14 April, Fri 16 June, Fri 13 Oct, Fri 8 Dec 2023. The Quiz Night includes a Fish and Chip Supper £10 per person. To book or for further details please contact Jacki on 01394 411530.

**FUNDRAISER FOR CANCER CHARITY Saturday 25 February in the Memorial Hall 12.30pm-3pm.** Many of you will know that Rachel Andrews lost her battle against cancer and passed away this week and our thoughts are with Colin and family. Rachel knew that we were planning a fundraiser and her chosen charity was Cancer Research UK. Please do come along and support us on 25 February, when we will be serving soup and crusty bread, tea, coffee, scones, sausage rolls and slices of cake we will also hold a raffle. We would like to raise as much money as possible in memory of Rachel. If you would like to make a cake they can be brought to the hall after 11.30am or left at Redlands, Old Post Office Lane. Thank you.

**MARTIAL ARTS CLUB** held on a Tuesday, Thursday evenings and Saturday morning in the Memorial Hall for children and adults. For more details regarding the Kuk Sool Won Woodbridge Club please contact [.pauldtaylor@hotmail.co.uk](mailto:.pauldtaylor@hotmail.co.uk).

**OUTREACH POST OFFICE VAN** visits the Memorial Hall car park on a Thursday morning from approx 10.00-10.45 all the usual post office facilities are available.

**CHURCH NEWS PAUSE FOR THOUGHT:** It's now just after 09:30hrs on a Tuesday morning and I'm at a training day here in Bury St Edmunds. I've been up early to catch my train to get here in time. It's only about a 3/4 hr journey, but it does avoid driving on the A14 trying to avoid trucks and car drivers up your rear that think you're going too slowly when you're overtaking a waggon. They seem to have no patience at all, they just keep their foot on the accelerator. They are obviously not aware of other road users, and think they own the road. Now you can see why I like to go on the train. Well, it transpires passengers on train are no different. Not even me! Rushing to get my connection hobbling as fast as I can, not looking or caring about my fellow passengers as to who I accidentally hit or trip up with my stick. Even then when I get on the train, I fight for a seat as if there is no tomorrow. I sat down in my seat out comes the Tablet and get down to checking work and emails. I arrive and as I get up to get off I'm shocked as its only when I get up I realise my fellow passenger is a friend of mine and we've been sat next to each other all the time. Gosh. It's only now while I sit here in the Cathedral I reflect about my morning and it's still only the first part of the day. What time have I given to stop to look and truly see what's around me. Answer None. How can I enjoy the life God's given to me if I can't even take the time to see The Beauty of God's Creation if I'm too busy with my own desire to get to somewhere as fast as I can and for what just to be weary when I arrive. This is Springtime and new life is coming into the world, animals, Snowdrops, Crocuses, even the Daffodils are beginning to shoot up. So let's remember and try and practice some of those old

sayings Patience is a virtue. Less Haste more speed. To see the Wonders of the World we must often Slow Down or even Stop and open our eyes and listen with our ears to appreciate our friends., family and the Joys of Creation.

I hope you are better at it than I. Have a Great Day.

Yours Revd Capt Simon Cake CA.

#### **SERVICES IN FEBRUARY:**

5 Feb	9.30	Morning Praise	Sutton Heath
	9.30	Family Communion/Christingle	Shottisham
12 Feb	11.00	Café Church	Sutton
	11.00	Morning Praise	Shottisham
19 Feb	11.00	Communion	Sutton
	6..00	Evensong	Shottisham
26 Feb	11.00	Morning Praise	Sutton

**GIRLS NIGHT OUT** the next event will be held on 24 March and the theme will be First Day of Spring 6.30pm for 7pm £6 per person. Places must be booked by phoning Sue on 01394 411793 or emailing [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com) The dates for 2023 are: 27 January, 24 March, 19 May, 28 July, 22 September and 17 November.

**FRIENDSHIP LUNCH** the next Friendship Lunch will be held on Thursday 16 February in the Memorial Hall at 12 for 12.30. The price of the meal is £6 per person. All who are alone, lonely, find it difficult to cook are invited to attend. **If you wish to attend you must book your place by phoning Sue on 411793 or Daphne on 384659.** If you require transport again please phone Sue or Daphne to arrange this. If you are housebound and would like to receive a meal delivered to your home in Sutton again phone either of the above named ladies.

**MOBILE LIBRARY** visits Sutton on a Tuesday once a month at the lay-by by the Baptist Woodbridge Road, at 1535-1545. The dates for 2023: **28 February, 28 March, 25 April, 23 May, 20 June, 18 July, 15 August, 12 September, 10 October, 7 November and 5 December**

**WOODBIDGE PROBUS CLUB** A luncheon club for retired or semi-retired men from all walks of life including business and professional. The perfect way to spend a lunchtime. On the first Monday of each month at Woodbridge Golf Club. For more information please go to our website: [woodbridgeprobus.org.uk](http://woodbridgeprobus.org.uk) or email: [roger952brown@hotmail.co.uk](mailto:roger952brown@hotmail.co.uk)

#### **NEWS FROM SHOTTISHAM LOCAL HISTORY RECORDER**

After 4 years of research and writing, my local history book Shottisham People; Who, When and Where; 1600 to the 20 th Century is now on sale. The book is in two volumes, but sold as one for £18. Although principally about the parish of Shottisham, research has shown that there is considerable movement of people between all the villages of the Peninsula, which is reflected in the book. I shall be holding a signing, selling and question and answer session in the Trust Hall, Shottisham, on Saturday 18 th February, from 2–4 p.m. Coffee, tea and cake will be available. In the meantime, if you wish to purchase a signed copy earlier, or are unable to come on the 18 th , please let me know, either by email or phone and we can arrange to meet up. Diana Bickerton [dianabickerton88@gmail.com](mailto:dianabickerton88@gmail.com) 07928-419766

**SANDLINGS SCHOOL** Hello, its Olivia, Polly and Charlie. Happy New Year!

For this newsletter we have been thinking about the importance of performance!

We ended last term watching the KS1 and Reception Christmas play -“Little Robin Red Vest”. During the play the robin gave away each of his coloured vests to all the creatures and people who were cold; fairies, snowmen, toy soldiers and eventually baby Jesus.

Consequently, little robin had no more vests and became very cold, but on Christmas Eve Santa gave the robin a little red vest to keep warm for ever! The play not only reminded us all of the Christmas story, but the importance of kindness.

We thought the children performed the play really well, making the characters come alive.

The audience lit up with the amazing singing and dancing.

In December our school choir visited Glebe house, in Hollesley, to sing Christmas carols to

all of the residents. Songs such as "Jingle Bells", "12 Days of Christmas" and "On a Starry Night" brought joy to the residents who gave a thunderous applause at the end. We were so happy to bring smiles to their faces.

In January the whole school went to The New Wolsey Theatre to see the rock and roll pantomime "Goldilocks and Three Bears". It was inspirational for us to see talented actors, singers and musicians as well as fantastic scenery, props, costumes and lighting. For many of our school it was their first time in a theatre and to see the wonderful tradition of British Pantomime. We saw how the well the cast engaged all of the audience in traditional pantomime banter "he's behind you!" "Oh no you won't "oh yes we will" cried the audience old and young.

The whole school thoroughly enjoyed it and we would recommend it!

The importance of performing and watching performances is so important to us all; inspiring and teaching us, making us laugh and bringing communities together.

Don't forget you can follow us on Facebook <https://www.facebook.com/SandlingsPrimarySchool/> and Twitter @SandlingsP Best wishes Olivia, Polly, Charlie, Miss Toal and the Sandlings Team

**NEWSPAPERS** there is a facility to have your newspaper delivered to the Memorial Hall for collection each day. For more details please phone Caroline on 01394 410069 or email her on [caroline.fiddes@msn.com](mailto:caroline.fiddes@msn.com)

**CONTACT NOS:**

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