

# SUTTON NEWSLETTER NO 197

## NOVEMBER 2022

VILLAGE WEB SITE can be seen at <http://sutton.onesuffolk.net>



DAY	ALDERTON	ALDEBURGH	ORFORD	HOLLESLEY
Monday	8.00 to <b>14.30</b>	8.00 to 18.30	8.00 to 18.30	13.30 to <b>17.30</b>
Tuesday	8.00 to 18.30	8.00 to 18.30	CLOSED	CLOSED
Wednesday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>	CLOSED
Thursday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>	CLOSED
Friday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>	CLOSED

### STAFF TRAINING DATES

Aldeburgh and Orford surgeries will be closed for staff training on Thursday 10<sup>th</sup> November from 13.00. Alderton surgery will be open for booking future appointments only, and Alderton pharmacy will be open. All calls will continue to be redirected to 111 for this afternoon.

This means that there will be no clinical staff available during this afternoon at any site.

**When the surgery is closed please call NHS 111.**

### Appointment types

Choices	How to Book	
<b>Pharmacy referrals</b>	By phone, or at reception	Care navigators can arrange appointments for patients at their pharmacy of choice for minor ailments.
<b>eConsult</b>	Via <a href="https://thepeninsulapractice.webgp.com">https://thepeninsulapractice.webgp.com</a>	An online system allowing you to get a response within 48hrs. You can request medical advice from a clinician, test results, recurrent sick notes, and self-refer to other services.
<b>GP+</b>	By phone, or at reception	GP+ offers appointments outside our normal GP hours after 18.30 and at various local locations.
<b>Extended hours</b>	By phone, or at reception	Peninsula offers extended hours appointments (outside of our main opening hours of 08.00-18.30) at various times and across all of our sites.
<b>Advance booking</b>	Online, by phone, or at reception	May be booked months, weeks or days in advance. These appointment slots are spread throughout the day to meet your needs.
<b>Booking three days in advance</b>	Online, by phone, or at reception	Additional appointments are released three days in advance for extra availability.
<b>On the day</b>	Online, by phone, or at reception	Further appointments are released each day for consultations that require a same-day response.

### Missed appointments

Between April 2022 and June 2022, a total of 216 appointments were missed, which resulted in 43 hours of wasted clinical time that could have been available to other patients. These appointments are precious and costly. Please contact the surgery as soon as you know you are unable to attend, and we will work with you to find another appointment time, or support you in a more appropriate way.

**PARISH COUNCIL NEWS** If you have a problem or concern Linda Gunson the Parish Clerk can be contacted via the email address [suttonparishcouncil@gmail.com](mailto:suttonparishcouncil@gmail.com) or by phoning 01394 410279.

**PARISH COUNCIL MEETING** The next meeting is due to be held on Tuesday 6 December at 7.00pm in the Bowls Pavilion. All public and press are cordially invited.

**PLANNING APPLICATIONS** The following has been updated:

Discharge of Condition Nos 3 and 5 of DC/22/1928/FUL – Erection of new stables within existing paddock land – materials and ridge/eaves heights – external lighting position and specification – Nut Tree Farm Woodhall Hall Drive, Sutton.

**EASE THE SQUEESE** East Suffolk Council are co-ordinating a programme to give advice and support to help people in the East Suffolk area who are struggling with the rising cost of living. Pages on their web site provide information on the services and the support that is available as well as giving tips and advice which you might find helpful. For more information please email them at [col@eastsuffolk.gov](mailto:col@eastsuffolk.gov).

**DOG FOULING** again residents in Sutton are bringing to our attention the fact that dogs are fouling outside their garden gates and on the grass verges alongside the pavements - **PLEASE CLEAR UP AFTER YOUR DOG** *The Penalty for non removal is a maximum fine of £1000.*

**OUTREACH POST OFFICE VAN** visits the Memorial Hall car park on a Thursday morning from approx 10.00-10.45 all the usual post office facilities are available.

#### **MEMORIAL HALL NEWS:**

**100 CLUB** the winners for the October draw were: 1<sup>st</sup> £30 Ball 1 Jeff Collins, 2<sup>nd</sup> £20 Ball 12 John Mills, 3<sup>rd</sup> £10 Ball 27 Les Andrews, 4<sup>th</sup> £5 Ball 19 Bernard White Well done all, thank you to all that entered the draw this month. This draw brings in a regular income for the play equipment fund and more numbers available should anyone else wish to join in! Anyone can join at any time, for more details please contact David on 01394 410279.

**VILLAGE BREAKFAST** the date for the next Village Breakfast is Saturday 3 December, all places have to be booked by phoning Sue on 01394 411793. The dates for 2023 are: 4 February, 1 April, 3 June, 5 August, 7 October and 2 December. Price of breakfasts are £6.50 for a normal breakfast, £7.50 for a large breakfast and £3 for a child's portion (under 14s).

**KNIT AND NATTER** the next Knit and Natter will be held in the Memorial Hall on Friday 4 November from 2-4pm. There will be a nominal charge of £1 per person to cover hire of hall and refreshments. You can bring along any craft that you are currently working on. If you are not a crafter you can still come along for a natter! If you have a flair for any type of craft do come along and join us and share your craft with us.

**COFFEE AND CHAT** will be held in the Memorial Hall on Thursday 3 November from 10am. Do come and join us especially if you are new to the village.

**QUIZ DATE** Friday 9 December. The Quiz Night includes a Fish and Chip Supper £10 per person. To book or for further details please contact Jacki on 01394 411530.

**JUMBLE SALE** thank you to everyone who donated, helped set up, sell or clear away and to those that attended and supported the event. We made £315 for the Play Equipment Fund.



**CHRISTMAS MARKET** to be held on Saturday 26 November from 10am in the Memorial Hall. There will be a selection of local crafts selling their wares, including cards, knitted items, handmade bags, pin cushions and and sewn gifts, wooden items plus a Raffle, Tombola, Cake Stall, Win a Hamper and lots more. Do come along to browse you may well find some Christmas presents to buy! **VILLAGE CHRISTMAS TEA PARTY** on Monday 5 December from 2pm, there will be musical entertainment from a local choir followed by the Christmas Afternoon Tea and finally a raffle. For catering purposes we do require people to book by Monday 28 November by phoning or emailing either Sue on 01394 411793,

[susancollins0911@gmail.com](mailto:susancollins0911@gmail.com), Daphne Menear on 01394 384659 [daphnemenear@hotmail.com](mailto:daphnemenear@hotmail.com) or Dawn Kay on 01394 410331 [dawnrosemarykay@aol.com](mailto:dawnrosemarykay@aol.com)). Lifts to and from the hall can be arranged, please mention that you require a lift when you book. Thank you.

**MARTIAL ARTS CLUB** held on a Tuesday, Thursday evenings and Saturday morning in the Memorial Hall for children and adults. For more details regarding the Kuk Sool Won Woodbridge Club please contact [.pauldtaylor@hotmail.co.uk](mailto:pauldtaylor@hotmail.co.uk).

**LADIES CLUB** our next meeting will be on Wednesday 9 November at 7pm when Rev Mandy Reynolds will be talking about her life as the First Female Padre and her life in the British Army. This will be an Open Meeting and husbands, partners, friends etc all welcome. £2 per person. For more details please contact Jacki on 01394 411530.

**CHURCH NEWS** from Rev Simon:

Pause for Thought,

Hello All. Gosh doesn't time fly. I've been here now for just over a month and you have all made feel very welcome.

When I reflect on the last month, so much has happened. I've been to a Village Breakfast, a Lunch and a Brunch. You must all think all I do is eat. The trouble is you are all so welcoming and hospitable. I've started to keep a diary as to what I've been up to and to help me remember who I've seen and what I've done.

We are just coming into November a time when the Church puts time aside to remember those people who have been special to us in our lives and are no longer here. We also remember those special People who we may or may not know who have given up their lives in the service for others. Those people who died, not just in the 1<sup>st</sup> and 2<sup>nd</sup> World Wars but other conflicts too like Afghanistan, The Troubles in Northern Island, Falklands, Iraq and other places also. We owe so much to these people who have given up their lives for us. We may feel sad when we remember those loved ones who are not here with us now. But they haven't left us really. They are still with us in our hearts. Remember the happy times you spent together. Take time out from our busy lives just for 5 minutes and give Thanks for all those special people who have made an impact on our lives. After all what's 5 minutes in our live to take time and say thanks to God for ALL those Special People. After All God gives Thanks for each and Every one of Us as we are All Saints and Special People in Gods Eyes. If you need some space, peace and quiet to reflect, our Church Buildings are usually open for you in the day time

It's Good to Remember and share those memories so these Special People will live on in our Hearts.

Revd Capt Simon Cake. CA. Tel 07710523856.

#### **SERVICES IN NOVEMBER**

6 November	9.30	Morning Praise	Sutton Heath
	11.00	Morning Praise	Shottisham
13 November	10.50	Remembrance Service	Sutton
20 November	11.00	Communion	Sutton
27 November	11.00	Morning Praise	Sutton
	9.30	Family communion	Shottisham

**GIRLS NIGHT OUT** the next event will be held on Friday 4 November and the theme will be Fireworks 6.30pm for 7pm £6 per person. Places must be booked by phoning Sue on 01394 411793 or emailing [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com) The dates for 2023 are: 27 January, 24 March, 19 May, 28 July, 22 September and 17 November.

**FRIENDSHIP LUNCH** the next Friendship Lunch will be held on Thursday 17 November in the Memorial Hall at 12 for 12.30. The price of the meal is £6 per person. All who are alone, lonely, find it difficult to cook are invited to attend. **If you wish to attend you must book your place by phoning Sue on 411793 or Daphne on 384659.** If you require transport again please phone Sue or Daphne to arrange this. If you are housebound and would like to receive a meal delivered to your home in Sutton again phone either of the above named ladies.

**MOBILE LIBRARY** visits Sutton on a Tuesday once a month at the lay-by by the Baptist Woodbridge Road, at 1535-1545. The dates for 2022: 8 November, 6 December

**AMAZON SMILE** anyone using Amazon Smile can nominate Sutton Recreation Ground and Memorial Hall Trust as their charity and it is an automatic way to support this charity each time you shop at no cost to you. I'm sure with Christmas on the way people are placing orders with Amazon so if you could make your purchases through Amazon Smile it costs you no more but brings in some money for the Hall. Thank you.

**WOODBIDGE PROBUS CLUB** A luncheon club for retired or semi-retired men from all walks of life including business and professional. The perfect way to spend a lunchtime. On the first Monday of each month at Woodbridge Golf Club. For more information please go to our website: [woodbridgeprobus.org.uk](http://woodbridgeprobus.org.uk) or email: [roger952brown@hotmail.co.uk](mailto:roger952brown@hotmail.co.uk)

**IN STICHES SEWING GROUP** in Sutton Memorial Hall. Each session will run from 6.30pm-9.30pm. Pre booking is essential as places are limited to 32 people. 6 fortnightly sessions at £24 per person, refreshments included. Call Bev on 07867 335916 to book your place. Payment at time of booking by cash or bank transfer. If you would like more information please contact Bev.



**ALL SAINTS FOR CHRISTMAS – CHRISTMAS TREE, WREATH AND NATIVITY DISPLAY** this is always a lovely display which is enjoyed by adults and children alike. If you would like to decorate a wreath or a small Christmas tree no larger than 3' either fresh or artificial and decorated in a traditional or modern style. Lights can be used to decorate, but we ask that you use battery lights please. The wreaths and trees can be left in the Church on either Monday 5 or Tuesday 6 December to enable us to place them before the Christingle Service on Sunday 11 December.

**NEWSPAPERS** there is a facility to have your newspaper delivered to the Memorial Hall for collection each day. For more details please phone Caroline on 01394 410069 or email her on [caroline.fiddes@msn.com](mailto:caroline.fiddes@msn.com)

**SHOTTISHAM CHURCH** concert of local talent of all ages...2.30pm at Shottisham Church on Sunday 13th November in aid of the Air Ambulance

**SANDLINGS SCHOOL** Hello and greetings from everyone at Sandlings.

In the words of one pupil, our life skills day this half term was "amazing!" Children from EYFS to year 4 learned to play African djembe drums, baked burekas (a savoury parcel for the Jewish festival of Sukkot), and learnt all about the hunting habits of bats through a fun game in the forest. As it was their first forest session children also chose their forest names for the year such as Isabelle Iris, Sebastian Squirrel and Page Pine Cone which the children really loved.

Children in years 5/6 had their first aid training session in the morning, with Michelle from the MOD youth support, and learnt how CPR is given. In the afternoon they cooked a range of autumnal soups and Polly shocked herself as she "detests mushrooms" but declared to her class that the mushroom soup was delicious and her favourite and couldn't quite believe she liked it!

We ended the first half term of the year with two assemblies'. The first was led by Padre Trevor and as always he performed a magic trick to help children understand the theme of team work. Our second assembly was harvest themed and each class performed poems on the theme of food. We also collected food to give to the Bus Shelter project, who fundraise to tackle homelessness and support those in need.

We currently have vacancies for school governors. It is an exciting and rewarding role, working as part of a team to make a difference. So if you have an interest in education and young people and would like to find out more information please do contact us and we can arrange a chat by contacting Emma in the office (01394 420444 [admin@sandlings.suffolk.sch.uk](mailto:admin@sandlings.suffolk.sch.uk))

Don't forget you can follow us on Facebook <https://www.facebook.com/SandlingsPrimarySchool/> and Twitter @SandlingsP Best wishes Miss Toal and the Sandlings Team

**WHATS ON:**

**Boathouse Café** Open Friday-Sunday, 11.00am-5.00pm

**Poppy's Café** Rock Barracks open Mon-Thurs 9.15am-2.00pm

**Thrift Shop** Rock Barracks, open Mon-Fri, 8.00am-4.00pm (closes at Noon on Fri)

**Marsh Farm Café** RSPB Reserve Hollesley open 9.00am-3.00pm daily

**CONTACT NOS:**

Rev Giles Tulk	01394 450610	<a href="mailto:regileswtr@gmail.com">regileswtr@gmail.com</a>
Rev Simon Cake	07710 523856	<a href="mailto:simon.cake@outlook.com">simon.cake@outlook.com</a>
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