

SUTTON NEWSLETTER NO 194 AUGUST 2022

VILLAGE WEB SITE can be seen at <http://sutton.onesuffolk.net>



DAY	ALDERTON	ORFORD	ALDEBURGH	HOLLESLEY
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30	13.30 to 17.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30	CLOSED
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED

August Bank Holiday The surgery will be closed on Bank Holiday Monday 29 th August. When the surgery is closed please call NHS 111.

Flu season 2022 We are busy organising our flu program for 2022; once again we plan to host a full day of flu vaccinations at Aldeburgh Community Centre, Hollesley Village Hall & Orford Surgery. Dates will be published very soon; please keep an eye on our website and Facebook for more information.

Ear care services We are very happy to be offering wax removal services by Ear View at Alderton and Aldeburgh surgeries. With the services no longer being provided on the NHS, Ear View offers microsuction and irrigation ear wax removal at one standard cost of £49.50 per appointment. If you would like to book an appointment, you can book online at www.earview.co.uk or call 07925 651116. If you have any questions, please email info@earview.co.uk.

Social prescribing Social prescribing allows clinicians and medical professionals to support patients with non-clinical services by referring them to local specialists. This is known locally as Connect for Health and can support people with long-term conditions, welfare benefits, isolation, lifestyle and other needs. It is free and confidential, and for anyone 18+. To find out more, please call the surgery on 01394 411641 or email Connect for Health at C4h.suffolk@nhs.net or call them on 01394 332265.

www.thepeninsulapractice.co.uk

<https://www.facebook.com/ThePeninsulaPracticeGPSurgery/>

PARISH COUNCIL NEWS If you have a problem or concern Linda Gunson the Parish Clerk can be contacted via the email address suttonparishcouncil@gmail.com or by phoning 01394 410279.

PARISH COUNCIL MEETING The next meeting of the Parish Council will be held on Tuesday 19 September at 7.00pm in the Bowls Pavilion. If you wish to attend, please email the Parish Clerk in advance with notice of your intention to attend.

PLANNING APPLICATION If you have any comments to make on the following please contact the Planning Officer at East Suffolk Council:

The following results have been updated recently:

Planning Application 18-Sep-2019 12:13 PM Converting and extending garage to form annex accommodation - Greenside Lodge Main Road Sutton Woodbridge Suffolk IP12 3DU

Retrospective Application - Erection of storage outbuilding - Hare House Wood Hall Drive Sutton Suffolk IP12 3EQ

TRESPASSERS were seen in the grounds of a property in Sutton last week. Please remain vigilant and if you witness anything suspicious or any anti-social behaviour please do report it to the Police.

BONFIRES (especially important in this very dry spell) *It is not advisable to have bonfires during a dry spell as a bonfire can get out of hand and spread very quickly*

What can and can't I do when I have a bonfire? Firstly, if you are a business of any kind, you must not burn your waste at all - and there are hefty fines for those who do! Domestic householders are allowed to have bonfires but there are some restrictions if you chose to do so.

Can I burn domestic waste? NO! Burning things like plastic, aerosols, clothing, rubber or painted materials is an offence. It is always best to check that no extra bits of rubbish have strayed onto your garden bonfire pile before it is burned. They often produce toxic fumes, smoke and ash that are harmful to you as well as your neighbours or the local wildlife.

How often can I have a garden bonfire? There are no limits as long as your bonfire does not cause any damage to property or undue annoyance to your neighbours. If the council is satisfied that a bonfire is causing a nuisance, then they may take legal action against the person responsible.

How can I avoid my bonfire becoming a nuisance? It is best to follow some simple rules:- Consider composting the waste. Our sandy soil needs as much compost as you can produce! Use your "green bin" or take the waste to Foxhall recycling centre - both finish up as compost.

Tell neighbours well in advance - before lighting the bonfire.

Ensure you have the means to control the bonfire before you start.

Be safe, don't use petrol or other fuel oils to start a bonfire - it is dangerous!

Burn small amounts, dry and hot.

Only have a bonfire when you need one and never allow it to burn overnight or unsupervised.

If smoke from your bonfire is being blown onto your neighbours' properties, consider extinguishing it and light it again on another day.

It shouldn't need to be said, but if the pile has been standing, even for only a few days, check it hasn't been adopted as a home by some of our garden wildlife. Turn it over with a garden fork to give any small animals like hedgehogs, time to escape.

If you are having a bonfire, whether it's to get rid of garden waste or part of a celebration, take care. Fire can spread easily, so where and how you build your bonfire is important. As a rule of thumb the minimum distance a bonfire should be from any structure or property is ten times its height.

MARY WARNER`S EDUCATIONAL FOUNDATION The Charity is empowered to make grants to students who are under the age of 25 and who live (or whose parents live) in the Parishes of Boyton, Butley, Capel St Andrew, Shottisham, Sutton, Bawdsey, Alderton and Hollesley and who may be need of financial assistance.

The monies must be used for `promoting education' and can include:-

1. Awarding to eligible students scholarships, exhibitions, bursaries, maintenance allowances or grants tenable at any school, university college of education, or other institution of further (including professional and technical) education approved for the purpose by the Trustees.
2. Providing financial assistance, outfits, clothing, tools, instruments or books to assist such persons to pursue their education (including the study of music and other arts), to undertake travel in furtherance thereof, or to prepare for or enter a profession, trade or service on leaving, university, or other education establishment.

The trustees will be looking to make a fresh set of grants to such students at their next meeting the date of which is not yet know. If interested please contact Jonathan Margaron, Clerk to the Trustees, Cross Ram and Co, Solicitors, 18 The Thoroughfare, Halesworth IP19 8AJ and he will send an application form. Preferable application should be submitted after examination results are known and (if applicable) a college place has been confirmed.

HEDGES if you have a hedge or branches from a tree on the boundary of your property and it is growing over the public footpath/pavement can we please ask that you trim back the hedging to allow full access of the footway and also to improve visibility on any road junctions. Thank you.

DOG FOULING problems are occurring especially along the grass verge area in front of some of the Flagship bungalows. Can we please remind you to clear up after your dog. The Penalty for non removal is a maximum fine of £1000. PLEASE CLEAN IT UP!

OUTREACH POST OFFICE VAN visits the Memorial Hall car park on a Thursday morning from approx 10.00-10.45 all the usual post office facilities are available.

MEMORIAL HALL NEWS 100 CLUB the winners for the June draw were: 1st £30 Ball 4 Brian Atkinson, 2nd £20 Ball 11 Wendy Cherry, 3rd £10 Ball 1 Jeff Collins and 4th £5 Ball 14 Linda Gunson

Well done all, thank you to all that entered the draw this month. This draw brings in a regular income for the play equipment fund and more numbers available should anyone else wish to join in! Anyone can join at any time, for more details please contact David on 01394 410279.

VILLAGE BREAKFAST the date for the next Village Breakfast is Saturday 6 August, all places have to be booked by phoning Sue on 01394 411793. The dates for 2022 are: 6 August, 1 October and 3 December. Price of breakfasts are £6.50 for a normal breakfast, £7.50 for a large breakfast and £3 for a child's portion (under 14s).

KNIT AND NATTER the next Knit and Natter will be held in the Memorial Hall on Friday 5 August from 2-4pm. There will be a nominal charge of £1 per person to cover hire of hall and refreshments. You can bring along any craft that you are currently working on. If you are not a crafter you can still come along for a natter! If you have a flair for any type of craft do come along and join us and share your craft with us.

COFFEE AND CHAT will be held in the Memorial Hall on Thursday 4 August from 10am.

QUIZ DATES Friday 14 October and Friday 9 December. For further information please contact Jacki on 01394 411530.

LADIES CLUB our next meeting will be on Wednesday 10 August when we will be enjoying a Picnic. For more details please contact Jacki on 01394 411530.

MARTIAL ARTS CLUB held on a Tuesday, Thursday evenings and Saturday morning in the Memorial Hall for children and adults. For more details regarding the Kuk Sool Won Woodbridge Club please contact [.pauldtaylor@hotmail.co.uk](mailto:pauldtaylor@hotmail.co.uk).

CHURCH NEWS Vicars Voice August 2022

As you may have read last month, I have been somewhat incapacitated lately, which has given me the opportunity to catch up with many films, old and new, and some TV series. I've definitely had the time and pleasure of watching re-runs of some favourite programmes, especially the likes of Downton Abbey, one of the quintessential British stiff upper lip variety.

Watching reruns, whilst snuggled up on the sofa with chocolate and a steaming mug of coffee, has helped me to remember some of the storylines and characters long since forgotten. Who, of my age can forget the furore of who shot JR?

One of my favourite TV personalities during my youth, was John Noakes of Blue Peter fame. Noakes, together with his faithful friend Shep, a border collie would tackle adventures that would defy possibility. I remember when he climbed Nelsons Column in London, without a harness or safety net!! Everyone held their breath as he reached the pinnacle. You can find many of his adventures and escapades on You Tube and re-run them over and over again!!

Each Sunday and sometimes in between, you could say we celebrate a rerun of perhaps one of the greatest events ever in history. We celebrate the sacrifice made once and for all for everyone which we remember every Easter. We celebrate the last meal which Jesus shared with his friends in an upper room somewhere in the heart of Jerusalem. At that meal, Jesus took bread and wine, blessed them, and told his friends to remember him whenever and wherever they broke bread and to share it with others.

We celebrate this breaking of bread in church as a gift to its community given in love.

Of course, our churches are more than just a service on Sunday mornings. They are "all week round" buildings and can be used for many different activities, for example, the Basic Life pop up shop at St Felix in Rendlesham on a Tuesday morning is just one of such community activities that a church can

host. Groups such as the Beavers, Craft, Bible and Prayer groups, lunch clubs, coffee mornings and fetes, choir groups, concerts and so much more.

So, if **YOU** have any ideas or suggestions what we can use our beautiful church building for between Sundays, let me know, and I'm sure, we can bring it to life.

With love and blessings always, Rev Mandy

SERVICES IN AUGUST

7 August	9.30	Morning Praise	Sutton Heath
	11.00	Morning Praise	Shottisham
14 August	11.00	Morning Praise	Sutton
	6.00	Evensong	Shottisham
21 August	11.00	Communion	Sutton
28 August	9.30	Family Communion	Shottisham
	6.30	Evensong	Sutton

SUFFOLK HISTORIC BIKE RIDE on Saturday 10th September. It includes walking and vintage and classic cars (pedal and drive) so one can be a rider, strider or driver! You can keep fit, enjoy our lovely countryside, visit our beautiful churches and raise money all at the same time! For more details and a sponsor form please contact Ingrid.

GIRLS NIGHT OUT the next event will be held on Friday 26 August the theme will be 'Picnic in the Park' 6.30pm for 7pm £6 per person. Places must be booked by phoning Sue on 01394 411793 or emailing susancollins0911@gmail.com

FRIENDSHIP LUNCH the next Friendship Lunch will be held on Thursday 18 August in the Memorial Hall at 12 for 12.30. The price of the meal is £5 per person. All who are alone, lonely, find it difficult to cook are invited to attend. **If you wish to attend you must book your place by phoning Sue on 411793 or Daphne on 384659.** If you require transport again please phone Sue or Daphne to arrange this. If you are housebound and would like to receive a meal delivered to your home in Sutton again phone either of the above named ladies.

FOOD BANK any donations towards the local Food Bank can be left in the porch at All Saints Church, Sutton. Thank you.

MOBILE LIBRARY visits Sutton on a Tuesday once a month at the lay-by by the Baptist Woodbridge Road, at 1535-1545. The dates for 2022: **16 August**, 13 September, 11 October, 8 November, 6 December

NEWSPAPERS there is a facility to have your newspaper delivered to the Memorial Hall for collection each day. For more details please phone Caroline on 01394 410069 or email her on caroline.fiddes@msn.com

LOOKING FOR A CLEANER IN SUTTON A resident in Sutton is looking for a cleaner for a regular two hours weekly slot. Flexible on timings but must be within school hours. Please contact Georgina on callanderfranks@gmail.com if you are interested

WOODBIDGE PROBUS CLUB A luncheon club for retired or semi-retired men from all walks of life including business and professional. The perfect way to spend a lunchtime. On the first Monday of each month at Woodbridge Golf Club. For more information please go to our website: woodbridgeprobus.org.uk or email: roger952brown@hotmail.co.uk

ALL SAINTS ART AND CRAFT EXHIBITION AND SALE will be held on Saturday 13 and 14 August in the Sutton Memorial Hall. There is an exciting number of artists booked in whose work will be on display, mostly for sale but some for exhibiting only. Also we have a great selection of crafts people selling their crafts together with some demonstrations and other work on display. Please do tell your family and friends to visit. The event will be open from 10am-4pm on Saturday and Sunday during which time there will be light refreshments on sale. Could well be an opportunity for early Christmas present shopping!!

COUNTY BROADBAND are looking to bring (FTTP) Fibre To The Property to the Village. It is an amazing upgrade for the village and with no upfront costs to the community. Please Contact Leah Thomas on 07538399903 or email leah.thomas@countybroadband.co.uk for more information. Thank you

WHAT`S ON

4 August	Coffee and Chat at Suffolk Punch Trust from 1030am
20 August	Bawdsey Market Village Hall from 2pm

27August

Bawdsey Pop-Up Pub Village Hall 7pm-11pm

CONTACT NOS:

Rev Giles Tulk	01394 450610	regileswtr@gmail.com
Rev Mandy Reynolds	01394 420129	revmandy.rendlesham@yahoo.com
Daphne Menear	01394 384659	daphnemenear@hotmail.com
Linda Gunson	01394 410279	suttonparishcouncil@gmail.com
Joy Porter		suttonmhbookings@gmail.com

To cut down on printing costs and use of paper we are trying to encourage everyone where possible to receive their newsletter electronically. Also by signing up to this, it enables us to get urgent information out to you immediately which we are not able to do by hand delivery. If you wish to receive your newsletter electronically please contact Sue on susancollins0911@gmail.com If you wish to include anything in the monthly newsletter please contact Sue on the above email address by the 23rd of the month.