

# SUTTON NEWSLETTER NO 193 JULY 2022

VILLAGE WEB SITE can be seen at <http://sutton.onesuffolk.net>



DAY	ALDERTON	ORFORD	ALDEBURGH	HOLLESLEY
Monday	8.00 to <b>14.30</b>	8.00 to 18.30	8.00 to 18.30	13.30 to <b>17.30</b>
Tuesday	8.00 to 18.30	<b>CLOSED</b>	8.00 to 18.30	<b>CLOSED</b>
Wednesday	8.00 to 18.30	8.00 to <b>13.00</b>	8.00 to 18.30	<b>CLOSED</b>
Thursday	8.00 to 18.30	8.00 to <b>13.00</b>	8.00 to 18.30	<b>CLOSED</b>
Friday	8.00 to 18.30	8.00 to <b>13.00</b>	8.00 to 18.30	<b>CLOSED</b>

## STAFF TRAINING DATES

Alderton surgery will be closed for staff training on Wednesday 13<sup>th</sup> July from 13.00. Aldeburgh Surgery will be open for collecting paper prescriptions and booking future appointments. All calls will continue to be redirected to 111 for this afternoon.

This means that there will be no clinical staff available during this afternoon at any site.

**When the surgery is closed please call NHS 111.**

East Anglian Air Ambulance

We are very proud to be supporting East Anglian Air Ambulance with collection points for clothes and shoes. We have these points available at our Alderton and Aldeburgh surgeries where you can bring bagged clothes and shoes to donate. They are very visible in beautiful bright yellow!

East Anglian Air Ambulance are our partners in providing care to our patient population and we are very excited to be supporting them in this way.

Safe Surgery

We are pleased to announce that we are a recognised Safe Surgery, a scheme run by Doctors of the World to ensure no one is excluded from the healthcare they have the right to.

By being a Safe Surgery, we commit to prevent things such as ID, proof of address and language from being barriers to patient registration.

This is one step we are taking to tackle health inequalities in our communities.

Covid & Travelling

We are not able to provide you with a letter of your Covid vaccination status. Please do not contact the practice about your Covid vaccination status unless you have been advised to do so by the 119 service.

If you believe you have missing or incorrect Covid vaccination data on your NHS app or on your GP record, please call 119 and ask the agent to make a referral to the Vaccine Data Resolution Service (VDRS).

[www.thepeninsulapractice.co.uk](http://www.thepeninsulapractice.co.uk)

<https://www.facebook.com/ThePeninsulaPracticeGPSurger>

**PARISH COUNCIL NEWS** If you have a problem or concern Linda Gunson the Parish Clerk can be contacted via the email address [suttonparishcouncil@gmail.com](mailto:suttonparishcouncil@gmail.com) or by phoning 01394 410279.

**PARISH COUNCIL MEETING** The next meeting of the Parish Council will be held on Tuesday 26 July at 7.00pm in the Bowls Pavilion. If you wish to attend, please email the Parish Clerk in advance with notice of your intention to attend.

**PLANNING APPLICATION** If you have any comments to make on the following please contact the Planning Officer at East Suffolk Council:

DC/22/2043/LBC Listed Building Consent - Single storey extension, and revised alterations to the barn Nut Tree Farm, Wood Hall Drive, Sutton, Suffolk, IP12 3EQ, A new consultation for application DC/22/2043/LBC has been received.

DC/22/2042/FUL Single storey extension, and revised alterations to the barn Nut Tree Farm , Wood Hall Drive, Sutton, Suffolk, IP12 3EQ, A new consultation for application DC/22/2042/FUL has been received.

**MARY WARNER`S EDUCATIONAL FOUNDATION** The Charity is empowered to make grants to students who are under the age of 25 and who live (or whose parents live) in the Parishes of Boyton, Butley, Capel St Andrew, Shottisham, Sutton, Bawdsey, Alderton and Hollesley and who may be need of financial assistance.

The monies must be used for `promoting education` and can include:-

1. Awarding to eligible students scholarships, exhibitions, bursaries, maintenance allowances or grants tenable at any school, university college of education, or other institution of further (including professional and technical) education approved for the purpose by the Trustees.
2. Providing financial assistance, outfits, clothing, tools, instruments or books to assist such persons to pursue their education (including the study of music and other arts), to undertake travel in furtherance thereof, or to prepare for or enter a profession, trade or service on leaving, university, or other education establishment.

The trustees will be looking to make a fresh set of grants to such students at their next meeting the date of which is not yet know. If interested please contact Jonathan Margaron, Clerk to the Trustees, Cross Ram and Co, Solicitors, 18 The Thoroughfare, Halesworth IP19 8AJ and he will send an application form. Preferable application should be submitted after examination results are known and (if applicable) a college place has been confirmed.

**HEDGES** if you have a hedge on the boundary of your property and it is growing over the public footpath/pavement can we please ask that you trim back the hedging to allow full access of the footway and also to improve visibility on any road junctions. Thank you.

**OUTREACH POST OFFICE VAN** visits the Memorial Hall car park on a Thursday morning from approx 10.00-10.45 all the usual post office facilities are available.

**MOBILE LIBRARY** visits Sutton on a Tuesday once a month at the lay-by by the Baptist Woodbridge Road, at 1535-1545. The dates for 2022: 19 July, 16 August, 13 September, 11 October, 8 November, 6 December

**WET FISH MAN** we have received the very sad news that Billy Davies has passed away following a short illness. Our thoughts are with his family.

**MEMORIAL HALL NEWS 100 CLUB** the winners for the June draw were: 1<sup>st</sup> £30 Ball 16 Michael Porter, 2<sup>nd</sup> £20 Ball 5 Clare Atkinson, 3<sup>rd</sup> £10 Ball 12 John Mills, 4<sup>th</sup> £5 Ball 9 Sue Youngs Well done all, thank you to all that entered the draw this month. This draw brings in a regular income for the play equipment fund and more numbers available should anyone else wish to join in! Anyone can join at any time, for more details please contact David on 01394 410279.

**VILLAGE BREAKFAST** the date for the next Village Breakfast is Saturday 6 August, all places have to be booked by phoning Sue on 01394 411793. The dates for 2022 are: 6 August. 1 October and 3 December. Price of breakfasts are £6.50 for a normal breakfast, £7.50 for a large breakfast and £3 for a child's portion (under 14s).

**KNIT AND NATTER** the next Knit and Natter will be held in the Memorial Hall on Friday 1 July from 2-4pm. There will be a nominal charge of £1 per person to cover hire of hall and refreshments. Some of the ladies who attend are knitting squares to be joined together to make blankets for end of life patients at Ipswich Hospital. Blankets are required for both adults and children. If you are not a knitter you can still come along for a natter! If you have a flair for any type of craft do come along and join us and share your craft with us.

**COFFEE AND CHAT will** be held in the Memorial Hall on Thursday 7 July from 10am.

**QUIZ DATES** Friday 14 October and Friday 9 December. For further information please contact Jacki on 01394 411530.

### **QUEEN`S PLATINUM JUBILEE CELEBRATIONS**



The weather was fine but the wind was very cool so unfortunately coats and blankets were the order of the day, but it was a lovely event with 145 people attending and enjoying a meal and listening and dancing to Flaming

Cheek. Later in the evening we were entertained by Hollesley Choir and the Beacon was lit. Children in the village had been given a Jubilee Mug to mark the very special occasion.

The paintings in the children's painting competition were fantastic and thank you to the judge Diana, who was very impressed with the entries. The results were : Over 12 Winner: Katie, 5 years to 12 years Winner: Isabel, 2<sup>nd</sup> place: Evie, 3<sup>rd</sup> place tied: Florence and Grace, Under 5 Winner: Ida, 2<sup>nd</sup> place: Evie. Highly Commended: Roxanne, Courtney, Jennifer, Daisy, Rosanna, Bethany. The paintings will be on display at the Art and Craft Event in August.



A huge and heartfelt thank you to all the team who helped set up before the event, erecting marquees, hanging bunting, anyone who shopped for the event, cooked the joints of meat and preparation of the food and salads, selling raffle tickets, donations for the raffles, clearing away at the end of the event and anyone who helped in anyway. A special thank you to James Mallinder and East Suffolk Council for the Enablement Grant towards the cost of the event and lastly a huge thank you to all who attended who made it such a memorable evening. We do have photographs that were taken during the celebration and we are planning to make a montage or two of the event to hang in the hall. If anyone does not wish for their photograph to be used please contact Sue with this information. Copies of the photos will be available to buy if you are interested again please contact Sue.

**CLEANER REQUIRED** Sutton Memorial Hall requires a self-employed cleaner to work in addition to our regular cleaner on Saturdays following our children's activities. Time would be for one hour per week arranged around the hall's afternoon and evening bookings but no earlier than 11 30am. Hourly rate on application. Interested persons should contact Daphne the Chairman on 01394 384659, or email [daphnemenear@hotmail.com](mailto:daphnemenear@hotmail.com).

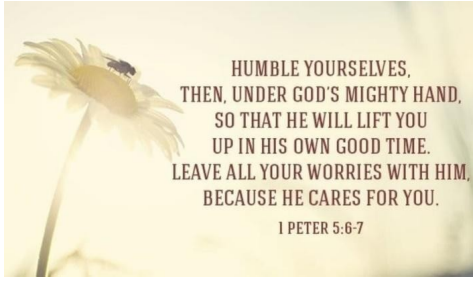
**LADIES CLUB** our next meeting will be on Wednesday 6 July when we will be meeting at the hall at 6pm for a trip round the Farm. For more details or to book to go on the trip please contact Jacki on 01394 411530.

**CHURCH NEWS Vicars Voice July 2022** As some of you might know, some weeks ago, because of a moments lapse of concentration, I had a rather nasty fall in my garden, resulting in a bloodied and bruised face, a broken right wrist and broken upper left arm. At the time of writing, my face has healed, thankfully showing no lasting effects, whilst my right wrist is in a fiberglass cast and my left shoulder, broken in 3 places, is more or less immobile in a sling.

Because of this experience, I have learnt some valuable lessons. One sobering lesson is that of acknowledging and accepting that my advancing years are significant. This was brought home to me by being told by the orthopedic surgeon that if I had been a 20 something sporty kind of person, they would probably do something to ensure making the bones stronger by pinning them, but as my bones are beginning to heal well enough and I don't intend to be playing at Wimbledon or in the 6 Nations any time soon, they wouldn't put me through the trauma of an operation.

Another lesson I have learnt is that of patience. Waiting for the ambulance, waiting in A and E, waiting to be picked up from hospital and brought home. Patience as I wait for physio appointments, for the bruising to fade, for the bones to heal. Patience as I come to terms with feeling stupid over the silliness of how the accident happened, and patience as I feel more and more frustrated at the limitations of what I can, or rather, what I can't at the moment physically do.

I have also learnt humility. I am the one who cares for others. I do the shopping for others. I cook for others. I visit others. I have a friend who is ill and for whom I am one of a team of friends who help to wash, feed and care for him. I am the one who helps others. And I do it because I love them. Even if I don't know them well. However, at the moment, I am the one being helped and cared for. My family are having to do all things I usually do for others. I confess that I have found having to be fed and helped to go to the loo somewhat embarrassing and have felt a huge sense of loss to my



dignity. But my family and friends do it for me in love, and I in turn love them all the more. I am humbled by their care for me.

But, through all of this, one of the blessings I have had, is that I have got to know some of my neighbours better, especially the ones who I have only waved to or greeted with an "hello" as we've passed by each other but who came to my rescue when I called out for help. My gratitude is forever theirs.

I also want to thank everyone who has sent me cards, flowers, chocolates and good wishes. They have been, and always will be, so very much appreciated.

You may ask of me, have these past few weeks given me better sense of understanding for those who live with such disabilities day in and day out. My honest answer is, I sincerely hope so. The following quote by one of the main characters from one of my favourite books, "To Kill a Mockingbird" will also now resonate more deeply with me.

***"If you can learn a simple trick, Scout, you'll get along a lot better with all kinds of folks. You never really understand a person until you consider things from his point of view, until you climb inside of his shoes and walk around in them."*** – Atticus Finch

May I wish you all good health, patience and humility, and the powerful love of family, friends and neighbours.

Every Blessing, Rev Mandy Xx

***Whilst Mandy is recovering from her accident for any enquiries please contact Rev Giles on 01394 450610***

**SERVICES IN JULY**

3 July	9.30	Morning Praise	Sutton Heath
	11.00	Morning Praise	Shottisham
10jjuly	11.00	Morning Praise	Sutton
	6.30	Evensong	Shottisham
17 July	11.00	Communion	Sutton
24 July	9.30	Family Communion	Shottisham
	6.30	Evensong	Sutton
31 July	11.00	Café Church	St Felix Rendlesham

**GIRLS NIGHT OUT** the next event will be held on Friday 26 August the theme will be 'Picnic in the Park' 6.30pm for 7pm £6 per person. Places must be booked by phoning Sue on 01394 411793 or emailing susancollins0911@gmail.com

**FRIENDSHIP LUNCH** the next Friendship Lunch will be held on Thursday 21 July in the Memorial Hall at 12 for 12.30. The price of the meal is £5 per person. All who are alone, lonely, find it difficult to cook are invited to attend. **If you wish to attend you must book your place by phoning Sue on 411793 or Daphne on 384659.** If you require transport again please phone Sue or Daphne to arrange this. If you are housebound and would like to receive a meal delivered to your home in Sutton again phone either of the above named ladies.

**FOOD BANK** any donations towards the local Food Bank can be left in the porch at All Saints Church, Sutton. Thank you.

**NEWSPAPERS** there is a facility to have your newspaper delivered to the Memorial Hall for collection each day. For more details please phone Caroline on 01394 410069 or email her on [caroline.fiddes@msn.com](mailto:caroline.fiddes@msn.com)

**WOODBIDGE PROBUS CLUB** A luncheon club for retired or semi-retired men from all walks of life including business and professional. The perfect way to spend a lunchtime. On the first Monday

of each month at Woodbridge Golf Club. For more information please go to our website: [woodbridgeprobus.org.uk](http://woodbridgeprobus.org.uk) or email: [roger952brown@hotmail.co.uk](mailto:roger952brown@hotmail.co.uk)

**ALL SAINTS ART AND CRAFT EXHIBITION** will be held on Saturday 13 and 14 August in the Sutton Memorial Hall. There will be an Exhibition of Art in the Main Hall of the Memorial Hall and the Craft Fayre will be housed in a marquee. We do still have some spaces available should you wish to exhibit your Art or alternately if you would like to have a craft stall to sell your crafts then please contact Sue on 01394 411793 or email [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com) and she will forward the relevant details to you.

**CITIZENS ADVICE EAST SUFFOLK IS FORMED AND NEW CHIEF OFFICER APPOINTED FOLLOWING A MERGER OF CITIZENS ADVICE LEISTON, SAXMUNDHAM & DISTRICT, CITIZENS ADVICE FELIXSTOWE & DISTRICT AND CITIZENS ADVICE NORTH EAST SUFFOLK**

Citizens Advice East Suffolk was launched on 1<sup>st</sup> April 2022, following the merger of Citizens Advice Leiston, Saxmundham & District, Citizens Advice Felixstowe & District and Citizens Advice North East Suffolk.

The discussions about the merger had been ongoing over the past couple of years to review efficiencies of the organisation and the services available to the public. The main benefit of the merger is the ability of Citizens Advice East Suffolk to extend its services and provide a more comprehensive and accessible service.

Chiara Saunders' appointment as Chief Officer of the new organisation was confirmed this week. Chiara joined Citizens Advice as a volunteer advisor prior to being appointed Chief Officer of Citizens Advice Leiston & Saxmundham on 1<sup>st</sup> March 2019. Before that, Chiara had worked in the commercial and investment banking sector, following which she pursued a career in education as a teacher and school librarian.

Chiara said:

*"I look forward to the challenge of developing and future proofing Citizens Advice East Suffolk. After the difficulties of covid and lockdown, the rising cost of living is challenging our community further and the services we provide are ever more important and remain in high demand. I relish the opportunity of working with our staff and volunteers to continue to provide the residents of East Suffolk with a level of advice and support that is both accessible and excellent. "*

All media enquiries to contact: Alison Moor on 07973 207138/[ali@alisonmoor.com](mailto:ali@alisonmoor.com)

**WHAT`S ON IN THE AREA:**

**CUPCAKES AND COFFEE FOR ALZHEIMER'S ASSOCIATION** on Saturday July 9th 12.30- 3.30 at Sutton Memorial Hall. All most welcome

**BAWDSEY MARKET** 16 July from 2pm

**ALDERTON FETE** 16 July from 2pm

**BAWDSEY GARAGE AND TABLE TOP SALE** 17 July 12noon-2pm

**GLEBE RESIDENTIAL CARE HOME HOLLESLEY FETE** on Saturday 23 July 12noon-3pm. Classic cars, singers, BBQ, Coconut Shy, Bar, Draw, Bouncy Castle, Cream Teas, Animals and much more. A Family Fun Day.

**CONTACT NOS:**

Rev Giles Tulk	01394 450610	<a href="mailto:regileswtr@gmail.com">regileswtr@gmail.com</a>
Rev Mandy Reynolds	01394 420129	<a href="mailto:revmandy.rendlesham@yahoo.com">revmandy.rendlesham@yahoo.com</a>
Daphne Menear	01394 384659	<a href="mailto:daphnemenear@hotmail.com">daphnemenear@hotmail.com</a>
Linda Gunson	01394 410279	<a href="mailto:suttonparishcouncil@gmail.com">suttonparishcouncil@gmail.com</a>
Joy Porter		<a href="mailto:suttonmhbookings@gmail.com">suttonmhbookings@gmail.com</a>

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to include anything in the monthly newsletter please contact Sue on the above email address by the 23<sup>rd</sup> of the month.