

SUTTON NEWSLETTER NO 190 APRIL 2022

VILLAGE WEB SITE can be seen at <http://sutton.onesuffolk.net>



DAY	ALDERTON	ORFORD	ALDEBURGH	HOLLESLEY
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30	13.30 to 17.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30	
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	

BANK HOLIDAY & STAFF TRAINING CLOSURE DATES

The surgery will be closed for staff training on Thursday 07.04.22 from 13.00.

Closed Bank Holiday Friday 15th April and Monday 18th April.

When the surgery is closed please call NHS 111

Travel Health

The practice offers travel advice and Alderton surgery is a registered Yellow Fever Vaccination Centre.

Travel health advice is based on the individuals specific travel needs, not destination alone.

Please book a travel consultation at least 8 weeks before your departure date.

This initial appointment will determine your travel health and vaccination requirements.

Any vaccinations needed will then be given at a subsequent appointment.

Please note that some travel vaccinations will need to be paid for in advance, and that if a Yellow Fever vaccine is required, this can only be administered at our Alderton site.

If you require a travel consultation under 8 weeks before departure, please contact MASTA on 0330 100 4106 who will be able to advise you.

www.thepeninsulapractice.co.uk

PARISH COUNCIL NEWS If you have a problem or concern Linda Gunson the Parish Clerk can be contacted via the email address suttonparishcouncil@gmail.com or by phoning 01394 410279.

PARISH COUNCIL MEETING The next meeting of the Parish Council will be held on Tuesday 17 May at 7.00pm in the Bowls Pavilion. If you wish to attend, please email the Parish Clerk in advance with notice of your intention to attend.

LITTER PICK a sincere thank you, to all those that helped with the Litter Pick in March. We had 16 villagers join us and over 14 sacks of rubbish collected, quite a collection of 'finds'. The verges look neat and tidy for a little while anyway.



POWER CUTS to receive notification of power cuts to your mobile phone visit <https://www.ukpowernetworks.co.uk/power-cut/text-updates?noAddressFound=true>

PLANNING APPLICATION If you have any comments to make on the following please contact the Planning Officer at East Suffolk Council: Ref No DC/22/0684/FUL Application Validated 21 February 2022 Burnside, Woodbridge Road, Sutton, Two storey side extension and internal alterations following the demolition of a single storey flat roof addition to the original property.

JUBILEE TREE Sutton village residents came together recently to plant an oak tree, to mark the occasion of The Queen's Platinum Jubilee. The tree was donated by East Suffolk Council through the Treebilee project which was launched by HRH Prince Charles. The tree was planted by the oldest resident and two of the younger children in the village, one of which was asked to place a penny underneath the tree for good luck.



MEMORIAL HALL NEWS 100 CLUB the winners for the March draw were:
1st prize 9 £30 Sue Youngs, 2nd prize 17 £20 Chris Norton, 3rd prize 6 £10 Joy Porter
Consolation Ball 1 £5 Jeff Collins. Well done all, thank you to all that entered the draw this month.
This draw brings in a regular income for the play equipment fund and more numbers available should anyone else wish to join in! Anyone can join at any time, for more details please contact David on 01394 410279.

VILLAGE BREAKFAST the date for the next Village Breakfast is Saturday 2 April, all places have to be booked by phoning Sue on 01394 411793. The dates for 2022 are: 28 May, 6 August. 1 October and 3 December

KNIT AND NATTER the next Knit and Natter will be held in the Memorial Hall on Friday 1 April from 2-4pm There will be a nominal charge of £1 per person to cover hire of hall and refreshments. Some of the ladies who attend are knitting squares to be joined together to make blankets for end of life patients at Ipswich Hospital. Blankets are required for both adults and children.

2022 QUIZ DATE Quiz with Fish and Chip Supper, on Friday 8 April, for more details phone Jacki on 01394 411530.

COFFEE AND CHAT will be held in the Memorial Hall on Thursday 7 April from 10am.

SPRING MARKET will be held on Saturday 23 April 10am-12.30pm. There will be the usual stalls of cakes, raffle, tombola, refreshments, plants and a selection of handmade crafts. In aid of Hall and Church funds.

AFTERNOON CREAM TEA thank you to everyone who attended the event which raised money for Sutton's Queens Platinum Jubilee celebrations in June. Thank to those that baked cakes and those that helped on the day.



QUEEN`S PLATINUM JUBILEE CELEBRATIONS a separate flyer has been distributed regarding this.

LADIES CLUB our next meeting will be on Wednesday 13 April when we will be visiting Jars of Clay. For more details and any queries please contact Jacki on 01394 411530.

OUTREACH POST OFFICE VAN visits the Memorial Hall car park on a Thursday morning from approx 10.00-10.45 all the usual post office facilities are available.

WET FISH VAN visits the village on a Wednesday morning. Billy stops in The Walks (close opposite the Plough Inn) at approximately 9.15am and a further stop in Old Post Office Lane. Billy has a wonderful selection of fresh fish as well as some frozen fish products.

MOBILE LIBRARY visits Sutton on a Tuesday once a month at the lay-by by the Baptist Woodbridge Road, at 1535-1545. The dates for 2022: **26 April**, 24 May, 21 June, 19 July, 16 August, 13 September, 11 October, 8 November, 6 December

CHURCH NEWS Vicars Voice April 2022

Vicars Voice April 2022

Have you ever noticed when attending various church services throughout the year, how the priests' stole and the altar cloths change colour at various times? Have you ever wondered why?

Well, the churches season has it's own sign of penitence and and priest dressed in glory. Red is used for Holy Spirit descending resurrection of Jesus. have given their lives inbetween major



year is made up of different seasons, and each colour. During Advent and Lent, Purple is used as a preparation. Christmas and Easter will see the altar Gold and White, colours of purity, triumph and Pentecost, when we celebrate the flames of the on the heads of the disciples following the Red is also worn to represent the martyrs, who in faith. Green is used for "ordinary" time, festivals.

This month we see an most important of all seasons in the churches year, Holy Week and Easter. It begins with Palm

end to the season of Lent, and experience the

Sunday, when palm crosses are handed to people in remembrance of the triumphant entrance into Jerusalem of Jesus, riding on a donkey, and people would lay palm leaves and branches under His way.

During Holy Week we think of the last few days Jesus spent with his disciples, teaching, healing, and preparing for what was to come. We see him overturning the money changers and traders in the temple, a man who is angry and frustrated at the lack of respect for God's house.

Maundy Thursday is the day we celebrate the Last Supper, when a sorrowful Jesus shared bread and wine with his friends, as symbols of his body and blood.



We then reflect on Jesus seeking the peace of the Garden of Gethsemane, where He goes to pray and where, in one, brief simple moment, we see the humanity of a man frightened and vulnerable (and how many of us have had one or more of those moments?), but we also see a man of courage who says.. "if it is to be, it will be"!

Then comes Good Friday, and many people ask why it is called Good Friday when Jesus suffered pain on the cross? It is called Good Friday because Jesus died for the good of all mankind, whether they accept him or not. It is also called Good because it leads us to the glory of the Resurrection and the promise of eternal life for us all. It is a day when love reigned unconditionally.

Then comes the thrill of Easter Sunday, the day we resurrection of Jesus with gold and white altar cloths, and life all round us in the blossoming trees and profusion of crocuses, and yes...chocolate Easter Eggs!!



celebrate the the springing of new daffodil's and

This year, we think off all those who are having to start a their home and country, families and friends, because of Easter we count our blessings, and perhaps in our own through donating essential fortunate, let us be all

new life away from war and violence. This small way, whether



goods or money to the DEC for those less become a blessing to each other.

With love and Blessings for

a blessed Holy Week and Easter,

Rev Mandy

SERVICES IN APRIL

Sun 3 April	9.30	Morning Praise	Sutton Heath
	11.00	Morning Praise	Shottisham
Sun 10 April	11.00	Morning Praise	Sutton
(Palm Sunday)			
Thur 14 April	7pm	Holy Communion	St Felix
(Maundy Thursday)		With Foot Washing	
	8.30pm	Silent Vigil	St Felix
	To midnight		
Fri 15 April	12noon	Walk of Witness to	Shottisham
(Good Friday)		Sutton Church	
Sat 16 April	6pm	Easter Eve Vigil and	Wantisden
(Easter Eve)		Lighting of Paschal Candles	
Sun 17 April	11.00	Holy Communion	Sutton
Sun 24 April	9.30	Family Communion	Shottisham

BAT BOXES The PCC would like to place some Bat Boxes in the trees in the Churchyard and if anyone would like to make some bat boxes, we would be very grateful.

GIRLS NIGHT OUT the next event will be held on Friday 29 April the theme `Treasures from the Past' 6.30pm for 7pm £6 per person. Places must be booked by phoning Sue on 01394 411793 or emailing susancollins0911@gmail.com

FRIENDSHIP LUNCH the next Friendship Lunch will be held on Thursday 21 April in the Memorial Hall at 12 for 12.30. The price of the meal is £5 per person. All who are alone, lonely, find it difficult to cook are invited to attend. **If you wish to attend you must book your place by phoning Sue on 411793 or Daphne on 384659.** If you require transport again please phone Sue or Daphne to arrange this. If you are housebound and would like to receive a meal delivered to your home in Sutton again phone either of the above named ladies.

FOOD BANK any donations towards the local Food Bank can be left in the porch at All Saints Church, Sutton. Thank you.

NEWSPAPERS there is a facility to have your newspaper delivered to the Memorial Hall for collection each day. For more details please phone Caroline on 01394 410069 or email her on caroline.fiddes@msn.com

SANDLINGS PRIMARY SCHOOL Greetings from everyone at Sandlings Primary



Thursday 3rd March was World Book Day and the children thoroughly enjoyed the day. Unbelievably due to the pandemic it had been two years since we were last able to share the day as a whole school and so the day was extra special!

The day began with ferrying the children to WHSmiths in our minibus so that they could all spend their World Book Day book voucher. We raised £70 to buy new books, which was supplemented by a kind donation from WHSmiths as well.

For many children this was their first school trip and we were delighted with all the positive comments from members of the public about the children's behaviour and enthusiasm for books and reading!

Back at school children had entered our "Book in The Jar" competition; the entries were so creative and it was hard to choose the winners, which included jars on the themes of The Hobbit, The Hungry Caterpillar and Charlottes Webb.

Classes mixed together in the afternoon to share stories with each other and take part in a book swap event, for some of us bringing back memories of Saturday Morning Swap Shop!

Don't forget you can follow us on Facebook <https://www.facebook.com/SandlingsPrimarySchool/> and Twitter @SandlingsP Miss Toal and the Sandlings Team

ALL SAINTS ART AND CRAFT EXHIBITION will be held on Saturday 13 and 14 August in the Sutton Memorial Hall. For further details regarding the Art Exhibition/Sale and the Sale of Crafts contact Sue on 01394 411793 or email susancollins0911@gmail.com and she will forward the details to you.

SUTTON BOWLS CLUB The Green will be opening on the afternoon of Saturday 23 April at 1pm and members would like to encourage friends and family to attend, roll up will be followed by tea and cake! Also in line with the rest of the league, the Bowls Club will be holding a Bowls Weekend on 30th April/1st May to encourage new people to try their hand at Bowling. Please spread the word as the Bowls Club would like as many people as possible to attend as they would love to welcome new members to the Club.

CONTACT NOS:

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To cut down on printing costs and use of paper we are trying to encourage everyone where possible to receive their newsletter electronically. Also by signing up to this, it enables us to get urgent information out to you immediately which we are not able to do by hand delivery. If you wish to receive your newsletter electronically please contact Sue on susancollins0911@gmail.com If you wish to include anything in the monthly newsletter please contact Sue on the above email address by the 23rd of the month.