

SUTTON NEWSLETTER NO 174

DECEMBER 2020

VILLAGE WEB SITE can be seen at <http://sutton.onesuffolk.net>

We would like to take the opportunity of sending you all good wishes for Christmas and wishing you a safe and healthy new year.



The Peninsula Practice

DAY	ALDERTON	ORFORD	ALDEBURGH	HOLLESLEY
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30	13.30 to 17.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30	
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	

BANK HOLIDAY & GP TRAINING CLOSURE DATES

The surgery will be closed on Friday 25th December, Monday 28th December & Friday 1st January

And closed on Wednesday 2nd December at 13.00 for GP training.

Please contact NHS 111 when the surgery is closed.

We would like to wish everybody a Merry Christmas and a Happy New Year.

Flu Vaccinations for 50 to 64 year olds

We are awaiting guidance from NHS England regarding flu vaccinations for the 50 -64 cohort. We will update our website and Facebook page as soon as we receive direction.

Practice Updates

We appreciate that not all patients have Internet access, but in the current rapidly changing climate our website & Facebook page are the most direct route to inform patients regarding practice updates. www.thepeninsulapractice.co.uk

NEWS FROM THE PARISH COUNCIL following the passing of the deadline we are pleased to say there will be no need for an election and that we will be having a meeting very soon and getting the Parish Council back on it's feet. **Nigel Albertini Chair of Sutton Parish Council**

PARISH CLERK unfortunately from next year we will be in need of a Parish Clerk. The pay isn't enormous but for someone reasonably organised it shouldn't be too much work. If you want more information nhalbertini@hotmail.com or 01394 410422

PLANNING APPLICATIONS Part Discharge of Condition 12 of C/09/2012-Erection of 5 affordable & 4 open market dwellings (4 existing dwellings to be demolished). – Soft landscaping part of the condition. 21-24 Old Post Office Lane, Sutton, Woodbridge, S8ffolk IP12 3JG Ref No. DC/20/4706/DRC/Validated: Thur 19 Nov 2020 Status: Awaiting decision

Single storey rear extensions, detached double garage & vehicle access for private use. Saxacre, Main Road, Sutton, Suffolk IP12 3DU Ref No. DC/20/4430/FUL Validated: Thur 20 Nov 2020 Status: Awaiting decision

INFORMATION FROM JAMES MALLINDER YOUR LOCAL DISTRICT COUNCILLOR: Please note Suffolk will be in Tier 2 (High) with the rest of the East of England. Information below for your guidance to distribute / reply to any questions

From Thursday 3 December 2020, people in Suffolk will be able to:

- Meet a maximum of six people from other households outdoors
- Go to pubs and bars operating as restaurants, consuming alcohol but only with a substantial meal
- Go shopping but whilst wearing a mask and respecting social distancing rules
- Attend schools, college or university
- Make use of early years childcare
- Go to the gym or leisure centre, whilst following their guidance
- Get a haircut or personal care treatments, whilst following their guidance
- Stay overnight with their household or support bubble
- Attend a wedding, civil partnership or wake of up to 15 guests or funerals of up to 30 mourners
- Attend entertainment and sporting events, whilst following their guidance and capacity limits
- Visit places of worship, whilst following their guidance
- Take part in exercise classes or organised adult sport outdoors
- Visit a loved one in a care or nursing home, if allowed locally and whilst following their guidance

Until the position changes, we will **not** be able to:

- Meet people from other households or support bubbled indoors
- Visit pubs and bars not serving food
- Stay overnight with people from another household or support bubble
- Exercise indoors with people from another household or support bubble if there is any interaction between them

Everyone is encouraged to work from home and limit their journeys where possible.

A message from Cllr James Mallinder

The ending of 2020 has been as difficult for most of us as the entire strange year. Lockdowns, unsettling future, food shortage, isolation and a question of when will this all end? However here on the Peninsula there is an undercurrent of positive energy. Neighbours now know each other, communities have come together and volunteer groups have stepped up to assist those that need a helping hand.

As your ward member again and again I see acts of kindness and thoughtfulness. Contrary to concerns that society is fragmenting, Covid has brought society together.

We do care, and we want to care. A cup of tea with a neighbour in the garden or at a distance, once a rushed event is now treasured.

Nobody should suffer alone in these difficult times and I want to thank all you for checking on your neighbours and communities. A small gesture can make such a big difference.

Living in the middle of the AONB we have been cheered on our walks with our engagement with nature. Nature that carries on regardless. Time now given to the turning of the seasons and the change in landscape as we head into winter.

Once this is over and we look back at these times what will we learn?

Communities are alive and strong and we do care about the weaker members and those that need help.

Nature offers a reassurance nobody realised until we had time to stop and see.

With Christmas nearly upon us it's a perfect time to pause and notice the positive and celebrate what we have.

Wishing you all a merry Christmas and peaceful New Year, *Cllr James Mallinder*

MEMORIAL HALL NEWS

COFFEE AND CHAT/LADIES CLUB/FRIENDSHIP LUNCHESES suspended until further notice

100 CLUB The 100 Club is now up and running, the first draw has been made and the winners were no 17 Chris Norton £30 and number 11 Wendy Cherry £20. Very many thanks to all who generously took part. If we can attract another four entries each month we will be awarding a third prize of £10. Good luck all for the next month's draw!

PLAY EQUIPMENT in line with government advice the playground is open. We would expect you to bring along your own wipes and sanitizers and that you clean any equipment you use before and after use. Please use the bins provided for any used wipes, thank you.

NEW ITEM OF PLAY EQUIPMENT you will have noticed that the new play equipment was installed during November, this has already proved to be very popular with the children of Sutton and visitors passing through. The income from the new 100 Club goes towards the playground fund.

AMAZONSMILE PROGRAMME if you shop online with Amazon, Sutton Memorial Hall would be very grateful if you could purchase your items through AmazonSmile. This will enable the Memorial Hall to receive 0.5% from each purchased made.

It requires a visit to: [Smile.Amazon.co.uk](https://smile.amazon.co.uk) and when prompted you need to choose: Sutton Recreation Ground and Memorial Hall Trust as your charity. There is no charge. There is no difference when using AmazonSmile than when using Amazon products and offers are just the same.

I do hope you will choose AmazonSmile and also tell your friends and families who shop on line with Amazon. Thank you.

FIT VILLAGES if you have not already completed the survey the closing date has been extended to 31 December. If you are interested in an activity please do make your interest known by completing and returning the survey. To have activities on your doorstep would be a great benefit to local residents. Chair exercises, fitness, yoga, walking groups, jogging groups, plus any new activity you may like to participate in could be available day time or evenings in Sutton.

OUTREACH POST OFFICE VAN Visits the Memorial Hall car park on a Thursday morning from approx. 10.00-10.45 all the usual post office facilities available. Services available through the outreach van – you can pay cash and cheques into your bank account through the post office, posting of letters and parcels, travel services, banking and finances, savings, insurance, broadband and phone. Why pay to park in Woodbridge when you can do all this at the outreach post office on a Thursday!



CHRISTMAS IN SUTTON due to the Covid pandemic this year Christmas will unfortunately be very different. We would like to suggest that we bring a little cheer into the village by encouraging people to either put Christmas lights into the windows of their homes or outside on a tree or bush. If you don't like the idea of lights perhaps you could consider hanging some decorations from a tree or shrub. It would be lovely to lighten the darkness both for villagers and for people driving through our village.



NEWSPAPERS there is the facility to have your newspaper delivered to the Memorial Hall for your collection each day. For more details please phone Caroline on 01394 410069 or email her on caroline.fiddes@msn.com

WET FISH VAN visits the village on a Wednesday. Billy stops in The Walks (close opposite the Plough Inn) on a Wednesday at approximately 9.45am. and a further stop in Old Post Office Lane.

VICARS VOICE

It's December and the Countdown to Christmas has begun (along with the opening of advent calendars and daily dose of chocolate!!). The last Sunday in November was Advent Sunday, the first Sunday of the new church year, when we light the first of our Advent Candles, sing our advent hymns, and use this time of Advent to reflect on the good news which is coming.



Sadly, we have not been able to be in church together to celebrate this special time, and our Christmas festivities hang in the balance of how this second lockdown has helped to suppress the spread of Covid19. We are praying constantly that our church doors will be open once again to celebrate the Birth of Jesus Christ over 2,000 years ago.

Singing in church has also been something we have had to get used to, and while it's good to listen to CDs of various choirs, it's been very difficult for everyone not to join in (although if you've sat too close and heard me singing, you might see it as a joyful relief!!)

Christmas "Carols and Lessons by Candlelight" are always popular, especially as we all like to join in heartily with the well known seasonal songs.

One of our favourite Christmas carols, "O, Come, All Ye Faithful," (and my personal favourite) goes back hundreds of years, perhaps to a Cistercian monastery. Often known by its Latin title, *Adeste Fideles* ("Come, faithful people"), this hymn is a call for God's faithful, joyous people to contemplate the "King of Angels" in Bethlehem's manger. The first verse puts out the invitation.

"O come, all ye faithful, joyful and triumphant!

O Come ye, Oh come ye to

Bethlehem,

born the King of Angels

Come and behold him,

The chorus, repeated again and again, calls us to adore Him, to regard Him with loving admiration and devotion, and ultimately, to worship Him and honour Him as divine.

"O come, let us adore Him,

O come, let us adore Him,

O come, let us adore Him,

Christ the Lord."

God willing, we will be able to meet in church over Christmas so that we might come together and adore him, this tiny baby who changed and changes the hearts of so many people down the ages.

So, whether we are able to meet in church, (please see the attached rota for planned services) or whether we give joyous chorus along with the carols at home on TV or CD, let us rejoice at the birth of the Babe of Bethlehem, and adore, Christ the Lord.

With Christmas Blessings

Rev Mandy xx



ENQUIRIES FOR WEDDINGS, BAPTISMS OR FUNERALS please contact Rev Mandy Reynolds on 01394 420129 or email revmandy.rendlesham@yahoo.com

SERVICES IN SUTTON AND SHOTTISHAM

6 Dec	9am	Family Worship	Sutton Heath
13 Dec	11am	Morning Praise	Sutton
	6pm	Lessons & Carols	Shottisham
20 Dec	11am	Holy Communion	Sutton
	11am	Morning Praise	Shottisham
24 Dec	4pm	Carol Service	Sutton
	9.30pm	Midnight in Bethlehem	Shottisham
25 Dec	11am	Christmas Communion	Sutton

SERVICES AT CHRISTMAS due to the current Covid restrictions we will be limited in the number of people we can have attending our Christmas Services. If you wish to attend please can you contact Sue by either email or phone to book your place(s). We will keep in contact with parishioners via email should there be any changes from details in this newsletter.

THE WILFORD BENEFICE CHURCHES wearing of Face Masks in Church Services. Face Coverings are currently mandatory in places of worship and church halls. Whilst there are exemptions, this is a legal requirement.

CHRISTMAS TREE AND WREATH FESTIVAL Once again we would like to decorate All Saints Church for the Christmas period. As in past years we invite you to decorate a small Christmas Tree (real or artificial) or make a Christmas Wreath which will be displayed in the Church over the festive period. Any medium can be used for decoration and in a modern or traditional style, the trees are to be no bigger than 3'. Lights can be used but can we ask that they be battery lights. Trees and wreaths can be left in the Church on Saturday 12 and Sunday 13 December, thank you.



DECORATING PATH TO CHURCH we would like to ask the children to help us decorate the Church path and outside this year. We would like to ask them to decorate the outside of jam jars by painting the glass or decorating with coloured paper etc. Please do not decorate inside the jar as we will be placing a night light in each. Also if any adults would like to make patterns in tinned cans we would be pleased to have those also. If you would like jam jars please contact Sue on 411793. The decorated jam jars and tinned cans can be left with either Sue or Daphne or alternatively placed in the Church porch. Thank you.

DOORSTEP CAROLS with BBC Radio Suffolk. Join with BBC Radio Suffolk on the evening of the 16 December, details on Facebook or their web site. Radio Suffolk are trying to get as many people as possible involved. Tune in to BBC Radio Suffolk at 6pm on Wednesday 16 December 103.9FM. Go online to BBC Radio Suffolk and download the invitation and print off and display or give to friends. Also download your Carol Sheet.

CONTACT NOS

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If you wish to include anything in the monthly newsletter please forward to Sue by 23rd of the month. If you would like to receive the newsletter electronically along with other updates during the month please send your email address to susancollins0911@gmail.com