

# SUTTON NEWSLETTER NO 166 APRIL 2020

**Under the current circumstances we are unable to hand deliver the April newsletter. It can be viewed on-line on the village web site or a copy has been displayed on the village notice board**



## **COVID-19 -HOW THE PENINSULA PRACTICE CAN HELP**

The Peninsula Practice has over 8,000 patients. However, large numbers of people from outside the area are moving into their 'second homes' to isolate thereby significantly swelling the local population especially in areas like Orford and Aldeburgh. This is creating a massive burden on already stretched resources.

The surgery can currently only provide an 'urgent and necessary' service (including essential blood tests, baby immunisations, midwife services etc).

Patients coming to stay in their 2nd homes must arrange their repeat prescriptions with their registered surgeries (which can be sent electronically from them to our local pharmacies). The Practice cannot register anyone as a temporary resident unless for immediate and necessary treatment.

There are very few clinical staff who are currently without health conditions and are able to see and/or visit patients face to face.

The surgery are continuing to use telephone triage and consultations for all appointments - this is a government instruction. They are expecting webcams from the CCG to be able to do more video consultations so to protect patients from the risk of visiting where possible.

Staff are asking for patience and tolerance as they are doing everything possible to help. Many patients are understandably angry with the reduced service and comments need to be directed to PALS (patient advice liaison service) and not our care navigators.

**PRESCRIPTIONS.** The Practice encourages patients to access online prescription ordering - with a password from the care navigators they can get set up easily and quickly (no ID needed).

Patients needing medication delivered-;

All dispensing for patients eligible for the dispensing service will be done from Alderton surgery for the time being (subject as always to change). We may need volunteers to offer to patients this service - patients need to give permission and those collecting need to give the patient's name, their date of birth and address.

Dr Crockett says "Please encourage all patients to use the online repeat prescription service or ask their families to help them- allow a turnaround of 5 days and paper scripts need quarantining for 24hrs before our dispensers can process them".

**FAKE NEWS.** There is a lot of fake news including claims of certain drugs being helpful with no evidence - we need to stay with what we know to be fact, and not react to hearsay. The surgery will ensure communication with relevant information and advice to specific groups of patients when instructed to do so.

Dr Crockett says "We need the support of all our patients so that we can direct the essential help to where it is needed. Mobilising the communities to support themselves is a huge support for non medical care and releases us to do what we need to do".

Access to accurate information;-

gov.uk for all national updates

111.nhs.uk for all medical advice related to coronavirus including when and where to seek medical support

We have introduced a single telephone number for all Peninsula Practice sites. The new number is **01394 411641**. Your call to the surgery will be placed in a queue and answered by the next available Care Navigator at any one of our branch sites. Our staff all use the same computer system, regardless of where they are working, so when you phone the surgery please remember to state which site you normally attend.

If you are unable to phone the surgery during opening hours our eConsult service enables you to seek online advice from your GP, plus request general or administrative advice. To access eConsult please go to the practice website [www.thepeninsulapractice.co.uk](http://www.thepeninsulapractice.co.uk) and click on the eConsult icon.

**IMPORTANT NOTICE** For the latest up to date practice information please visit the dedicated Coronavirus/Covid-19 page on our website [www.thepeninsulapractice.co.uk](http://www.thepeninsulapractice.co.uk) will be kept up to date with medical related pages and we will endeavour to manage a community hub resources page but this will not be exhaustive.

## HELP IN SUTTON

If you are vulnerable and require help with shopping/collection of prescriptions etc there is a team of helpers in the village who will be able to help you with this. Please contact any of the following with your requests :

Sue 01394 411793 email [susancollins@keme.co.uk](mailto:susancollins@keme.co.uk) Joy 01394 411886 email [jkporterowl@gmail.com](mailto:jkporterowl@gmail.com) Brian 07443592417 [broomheath@gmail.com](mailto:broomheath@gmail.com)

If you require prescriptions to be collected please forward details by Tuesday of each week ready for collection on Thursdays. In order that we can collect the prescription on your behalf we require your full name, address and date of birth.

A list of free on-line boredom busting resources can be found on <https://chatterpack.net/blogs/blog/list-of-online-resources-for-anyone-who-is-isolated-at-home>

**EAST SUFFOLK DISTRICT COUNCIL** In response to the Prime Minister's latest statement regarding the COVID-19 outbreak, East Suffolk Council's Customer Services Centre at the Marina in Lowestoft will now close for 'face-to-face' enquiries and visits.

Residents with council enquiries are now asked to go online wherever possible. Many of our services can be found on our website, [www.eastsuffolk.gov.uk](http://www.eastsuffolk.gov.uk). There are a range of things to do, such as reporting fly-tipping, renewing garden waste and reporting missed bin collections, as well as making payments.

If anyone has an enquiry which cannot be resolved online, they should email us at

[customerservices@eastsuffolk.gov.uk](mailto:customerservices@eastsuffolk.gov.uk). Customers can also call us on 03330 162 000 but please do bear in mind that our phone lines are likely to be very busy and calls should only be made if absolutely necessary.

For other enquiries:

DWP/Job Centre – 0800 169 0190 – Lowestoft Office Universal Credit helpline - 0800 328 5644 - This is for people needing assistance with Universal Credit For Council Tax and Benefits enquiries please go to

[www.angliarevenues.gov.uk](http://www.angliarevenues.gov.uk)

### **All Suffolk recycling centres to close tonight 24.3.20 until further notice due to Coronavirus**

*All Suffolk Recycling Centres are now closed until further notice. The safety of customers and staff is very important, therefore in accordance with current government Coronavirus guidelines of avoiding non-essential contact and preventing a risk of infection to others. It is essential that we do all we can to slow down the spread of the virus.*

*Much of the waste that goes through the Recycling Centres is bulky waste (large items such as furniture, wood and metals) and garden waste. People should hold onto these items until the sites reopen. Do not put any electrical items in any of your bins at home.*

*Where possible people should compost grass cuttings and hedge trimmings and if you can't do that keep your garden waste until we reopen or use your green bin . For more information on how to compost at home please visit <https://suffolkrecycling.org.uk/reduce-your-waste/home-composting>.*

*Please do not leave any waste outside the Recycling Centres – staff should concentrate on delivering waste services and leaving waste outside the centres or anywhere else is classed as fly tipping and is a criminal offence for which people will be prosecuted.*

*For further information please visit [www.suffolkrecycling.org.uk](http://www.suffolkrecycling.org.uk) All Green / Blue /Grey bins continue to be emptied as normal .*

**VILLAGE WEB SITE** can be seen at <http://sutton.onesuffolk.net>

**SUTTON PARISH COUNCIL NEWS** Sadly, we have had to cancel all physical meetings whilst social isolation continues. However, we will still be working! If you have any concerns or questions – or matters to be brought to the attention of the council, please email: [suttonparishcouncil@gmail.com](mailto:suttonparishcouncil@gmail.com) or phone 07980945949 (working hours only please) to speak with the Parish Clerk. Any urgent information will be processed through phone and email, and results ratified at our next physical meeting.

When we receive planning applications, or other important communications, we will continue to email you directly. You can respond to planning by email or post to East Suffolk Council. If we don't have a current email address, please let us know.

The most recent communication from East Suffolk asks that people avoid allowing their children to play on the play equipment in local parks, to avoid spreading the virus, which can stay alive on hard surfaces for up to three days. Not all parks can be physically locked, so they are relying on local people to avoid visiting please.

Thank you for your support in these difficult surfaces. Wishing you good health and wellbeing!

**EXPERIENCING A POWER CUT** call 105, wherever you live, 105 will put you through to the right network operator. 105 is supported by the Government.

**PLANNING APPLICATIONS** details taken from East Suffolk District Council's web page:

Extension of residential curtilage and erection of stable. - 23 Sutton Street Sutton Woodbridge Suffolk IP12 3EQ Ref. No: DC/20/0797/FUL | Received date: Mon 24 Feb 2020 | Status: Pending Consideration | Case Type: Planning Application

**Removal of rear extension and outbuilding and construction of two storey rear extension and minor alterations - 23 Sutton Street Sutton Woodbridge Suffolk IP12 3EQ ef. No: DC/20/0797/FUL | Received date: Mon 24 Feb 2020 | Status: Pending Consideration | Case Type: Planning Application**

Removal of rear extension and outbuilding and construction of two storey rear extension and minor alterations - 23 Sutton Street Sutton Woodbridge Suffolk IP12 3EQRef. No: DC/20/0852/FUL | Received date: Wed 26 Feb 2020 | Status: Pending Consideration | Case Type: Planning Application

Variation of Legal Agreement in relation to Planning Permission DC/19/1190/FUL. - Cliff Farm Barn Methersgate Hall Drive Sutton Suffolk IP12 3JJ

Ref. No: DC/19/3307/VLA | Received date: Wed 21 Aug 2019 | Status: Pending Decision | Case Type: Planning Application

To reduce Yew tree row on western rear boundary to 2m. to form a hedge and allow more light into classrooms. - Haddon House Haddon Approach Sutton Suffolk IP12 3DR

Ref. No: DC/20/1086/TPO | Received date: Mon 09 Mar 2020 | Status: Pending Consideration | Case Type: Planning Application

T1 Beech to be felled because of advanced Ganoderma decay in main stem at base of trunk. T2 Montague Pine to be felled because of Annosus decay fungus in main stem. - Haddon House Haddon Approach Sutton Suffolk IP12 3DR

Ref. No: DC/20/1086/TPO | Received date: Mon 09 Mar 2020 | Status: Pending Consideration | Case Type: Planning Application

Single storey extension and alterations to existing to include rethatching and 2 no dormer windows. - Pink Cottage Main Road Sutton IP12 3DU

Ref. No: DC/20/1121/FUL | Received date: Wed 11 Mar 2020 | Status: Pending Consideration | Case Type: Planning Application

**OLD POST OFFICE LANE SITE, SUTTON** a statement was received from Flagship earlier this month to say they have appointed Brooks & Wood as the contractors to build out the front four houses on Old Post Office Lane, Sutton. Brooks & Wood have a site possession date of 27<sup>th</sup> April 2020, with a proposed estimated completion of 10<sup>th</sup> November 2020.

**PLANNING** An appeal has been made to the Secretary of State against the decision of East Suffolk Council\* to refuse planning permission for Construction of two pairs of semi-detached dwellings with associated garaging, formation of vehicular access to Main Road and reorganisation of public house car park.

#### **CANCELLATIONS:**

**MOBILE LIBRARY is suspended until further notice from Friday 20 March 2020.**

**COFFEE AND CHAT cancelled.**

**SUTTON LADIES CLUB** the meetings for April and May have been **cancelled.**

**VILLAGE BREAKFAST** The Breakfast scheduled for **May has been cancelled.**

**SPRING MARKET, QUIZZES WITH FISH AND CHIP SUPPER AND ART AND CRAFT EXHIBITION** all these events up to beginning and to include 1 and 2 August **have been cancelled**

**FRIENDSHIP LUNCH CLUB has been suspended.**

**GIRLS NIGHT OUT** event on Friday 24 April has **been cancelled.**

**SUTTON BOWLS CLUB** . The Woodbridge and District Bowls League has cancelled all games up to and including week 9 (week ending 27<sup>th</sup> June) for the 2020 season. All team knockout competitions are cancelled.

**PILATES CLASSES** at Hollesley, **suspended.**

**PLAY EQUIPMENT** In line with government advice issued on 23rd March 2020 and in order to prevent the spread of Covid-19, the Sutton Play Equipment on the Recreation Ground, is now CLOSED. The equipment is all fenced in and we have padlocked the gates. We ask that all Parents, Grandparents and Guardians observe the latest national regulations and do not allow children to access the equipment.

Any breaches of these new protocols will be reported directly to the police.

Please note that the Recreation Ground will remain open until further notice but we would urge everyone to follow the government guidelines on social distancing when outside their property.

**Sutton Memorial Management Committee**

**OUTREACH POST OFFICE VAN** visits the Memorial Hall on a Thursday morning from 9.45-10.45 all the usual post office facilities available. Services available through the outreach van – **you can pay cash and cheques into your bank account through the post office**, posting of letters and parcels, travel services, banking and finances, savings, insurance, broadband and phone. Why pay to park in Woodbridge when you can do all this at the outreach post office on a Thursday! **Please note the later time, the post office van now visits Sutton Heath first.**

**NEWSPAPERS** there is the facility to have your newspaper delivered to the Memorial Hall for your collection each day. For more details please phone Caroline on 01394 410069 or email her on 410069 and her email address is [caroline.fiddes@msn.com](mailto:caroline.fiddes@msn.com).

**CHURCH NEWS** Dear Reader,  
**Coronavirus and Church Services**

Following the recent announcement from the Bishops of Canterbury and York, sadly there will be no church services for the foreseeable future.

It is going to be a huge adjustment to us not to gather together for public worship, not least because that is precisely what we want to do in a time of crisis. We must however observe this strictly, because of the risk of communicating infection. However, churches will be kept open where possible for people to come in and pray on their own, and there will be facilities to request a chat or prayer support. Hand Sanitiser will be available.

Morning Prayer is being livestreamed every morning at 8.30am, Monday to Saturday, on the Bishops' Facebook page [@BishopsCofEsuffolk](#) or on the App "Daily Prayer". Evening Prayer is being livestreamed from the Cathedral Monday to Saturday at 5.30pm on the Cathedral Facebook page [@Stedscathedral](#). Sunday morning eucharist will be celebrated livestreamed from 10.30am, again on the Cathedral Facebook page

At such a time as this, we need to care for ourselves in these very strange times, but we must look after our neighbours, especially those who are most vulnerable, such as the housebound and the elderly. If you know of anyone in need of any pastoral or spiritual care, please contact Rev Mandy or the Church Wardens and we will ensure that care is given.

Please be assured of my prayers for you all at this time, With every blessing, Rev Mandy

Dear friends

As many of you will know, I have been appointed to the role of Team Rector of the Wilford Benefice, a role that I am very excited about. My licensing is to take place on Tuesday 28<sup>th</sup> April at 7.30pm at All Saints, Hollesley, and I hope to see many of you there.

So, a bit about myself.....I was born and grew up on the Hertfordshire-Essex border. After graduating from The University of Leeds with a degree in Economics I spent around 15 years working in Human Resources consultancy, working for clients in the UK, Europe and Middle East, so I am someone who has become a Priest later in life. I trained part-time on the Eastern Region Ministry Course based in Cambridge whilst still working as a Director in the HR Consultancy practice of a Global Professional Services firm based in London.

After being ordained, I served as Curate and then as an Assistant Priest in the Diocese of Chelmsford, before serving as Team Rector responsible for six churches in the St Albans Diocese. We then moved to Shropshire where I have been Rector for a multi-church Benefice and Rural Dean for the last four years.

I am married to Sara, who is an English teacher. In our spare time we enjoy walking and we are looking forward to exploring the beautiful walks on the Wilford Peninsula with our whippet-lurcher 'Reggie.' One of our favourite walks is from Snape Maltings along the River Alde to St Botolph's Iken. We also both enjoy gardening in our spare time and we both have a love of music and opera. I have been a follower of Leyton Orient Football Club since boyhood, which usually causes much mirth and incredulity amongst school children when I tell them!

It is a tremendous privilege for me to serve you as your Team Rector in the Wilford Benefice, and we are excited about moving to Orford and getting to know the different church congregations and communities across the Benefice. So please do come and say 'hello' if you see us around, or when I am walking my dog, or alternatively telephone or email me if you would like a chat. My official contact details are: mail: [revgileswtr@gmail.com](mailto:revgileswtr@gmail.com) Telephone: 01394 450610 (after 15<sup>th</sup> April)

With all blessings Giles

**ALL SAINTS CHURCH SUTTON** following advice from the Bishop, the Church is now closed as are all Churches in the Church of England.

**CONTACT NOS**

Revd Judith Andrews 01394 411642

Daphne Menear 01394 384659

Committee

Nancy Darke

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If you wish to include anything in the monthly newsletter please forward to Sue by 23<sup>rd</sup> of the month. If you are on email we can send this newsletter to you electronically thereby reducing our printing costs for more details please contact Sue on [susancollins@keme.co.uk](mailto:susancollins@keme.co.uk)