SUTTON NEWSLETTER NO 158 AUGUST 2019

VILLAGE WEB SITE can be seen at http://sutton.onesuffolk.net

SUTTON PARISH COUNCIL NEWS. If you have anything the Parish Council needs to be aware please contact Nancy Darke the Parish Clerk on 01394 412111 or email her at suttonparishcouncil@gmail.com.

EXPERIENCING A POWER CUT call 105, wherever you live, 105 will put you through to the right network operator. 105 is supported by the Government.

BROADBAND The Parish council has been notified that fibre based broadband is now available in Sutton. To check if it's available at your address you can use Openreach's broadband checker at https://www.openreach.com/ . It seems that houses connected to the cabinet opposite the pub are 'ready to go' but if you're connected to the newer cabinet down towards Shottisham (by the track to Broxted Estate Offices) you may get 'coming soon'!

If you want to connect you can contact your internet provider or use a price comparison site.

MARY WARNER'S EDUCATIONAL FOUNDATION the Charity is empowered to make grants to students who are under the age of 25 and who live (or whose parents live) in the Parishes of Boyton, Butley, Capel st Andrew, Shottisham, Sutton, Bawdsey, Alderton and Hollesley and who may be in need of financial assistance.

The monies must be used for `promoting education’ and can include: 1. Awarding to eligible students scholarships exhibitions, bursaries, maintenance allowances or grants tenable at any school, university, college of education, or other institution of further (including professional and technical) education approved for the purpose by the Trustees. 2. Providing financial assistance, outfits, clothing, tools, instruments or books to assist such persons to pursue their education (including the study of music and other arts), to undertake travel in furtherance thereof, or to prepare for or enter a profession, trade or service or leaving school, university, or other educational establishment.

The Trustees will be looking to make a fresh set of grants to such students at their next meeting in late September. If you are aware of any students in your Parish you may benefit from a grant can you please ask them to contact us so that we can send them an application form. Preferably applications should be submitted after examination results are known and (if applicable) a college place has been confirmed. Please contact Jonathan Margarson, Clerk to the Trustees at Cross, Ram and Co, Solicitors, 18 The Thorofare, Halesworth IP19 8AJ TEL 01986 873636 info@crossram.co.uk

TelephoneNumber: Alderton 01394 411 641 & Orford 01394 450 315

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Please note when a surgery is closed during the day, your call will be automatically transferred to the other site without the need to re-dial.

Update Blood Appointments In our June Newsletter we provided information and contact details for the Riverside Clinic Blood Test Clinic in the interim this service has changed. Please be aware that the Landseer Phlebotomy Clinic is now appointment only based. To make an appointment for blood tests please visit www.esneft.nhs.uk and search for How to Book a Blood Test Appointment. Alternatively you can telephone 0333 103 2220. New Address: 476-478 Landseer Road Ipswich IP3 9LU

A community connector is able to talk to you confidentially, give practical, helpful advice. They are able to help you decide what you would like to do, to improve your health and wellbeing. A
community connector can discuss what issues you are facing, explore what matters to you in your life and explore what services and activities are available. They are able to give advice on healthy lifestyle, financial support, employment, training and volunteering, befriending, counselling and emotional support groups. As well as help you find activities within your area, to prevent social isolation and loneliness within the community. This is a free confidential service for anyone over the age of 18 years.

Please contact the mobile number below, or email, in order to access this service.

We are also based at the following doctor surgery, within your area, where you can book an appointment through the surgery:

The Peninsular practice, Mill Hoo, Alderton, Woodridge, IP12 3DA, Framfield house surgery, Ipswich Road, Woodbridge, IP12 4FD, Little St Johns Sreet surgery, 7 Little St John's street, Woodbridge, Ip12 1EE
Mobile: 07967395985 or 07790922228 Email: ConnectFor.HealthSuffolk@shaw-trust.org.uk
Facebook - https://www.facebook.com/shawtrust/

MOBILE LIBRARY visits Sutton on Tuesday 20 August at the lay-by by Old Baptist Chapel, Woodbridge Road at 3.30pm Use it or lose it! Dates for 2019: 20 August, 17 September, 15 October, and 10 December.

COFFEE AND CHAT on Thursday 1 August from 9.30am in the Memorial Hall, everyone welcome.

OUTREACH POST OFFICE VAN visits the Memorial Hall on a Thursday morning from 9.45-10.45 all the usual post office facilities available. Services available through the outreach van – you can pay cash and cheques into your bank account through the post office, posting of letters and parcels, travel services, banking and finances, savings, insurance, broadband and phone. Why pay to park in Woodbridge when you can do all this at the outreach post office on a Thursday! Please note the later time, the post office van now visits Sutton Heath first.

SUTTON LADIES CLUB normally meets on the second Thursday of the month in the Memorial Hall at 7.30pm. In August we will be enjoying a Picnic in Daphne’s garden for more details please contact Jacki on 01394 411530. If you require further information regarding Ladies Club please contact Jacki on 01394 411530 or Dawn on 01394 410331.

FASHION SHOW IN AID OF BLOSSOM APPEAL Ladies Club are arranging another Fashion Show to raise funds for the Blossom Appeal, this will be on Friday 20 September in the Memorial Hall. M&Co will be providing the clothes to be modelled, clothing for ladies, gents and children. All will be on sale at the local M&Co in Woodbridge or available online. The Show starts at 7pm. Tickets are priced at £5 each and are available by phoning Jacki on 01394 411530 or Sue on 411793 or at the store in Woodbridge.

MEMORIAL HALL NEWS Sue and Peter Youngs will be on meet and greet for August and can be contacted on 01394 411269. All enquiries regarding booking of the Hall and the Recreation Ground or any equipment should be made to Joy on 01394 411886 or email on suttonmhbookings@gmail.com.

GRAND RAFFLE please return unsold, stubs and money to Redlands, Old Post Office Lane.

SUTTON FETE will be held on Sunday 18 August together with a fun dog show from 12 midday. Lots of stalls and attractions plus a Fun Dog Show with lots of classes from puppies through to golden oldies. Do please tell your friends and family to come along for a fun day out! There will be the usual attractions, BBQ, refreshments, grand raffle, wheelbarrow raffle, cake stall, plant stall by Katie’s Gardens, bric a brac, games corner for children and more! We would greatly welcome any of the following donation:

- donations of bric a brac, books, toys etc, they can be left in the Car Port at Redlands Old Post Office Lane alternatively please phone Daphne on 384659 and she will arrange collection.
- Cakes and bakes can be brought to the hall on the morning of the Fete, or to the hall at 4pm on the Saturday
- If anyone has a gazebo we can borrow please contact Daphne on 384659.
- Do you have a surplus of veg or fruit if so we would gladly accept donations of these on the morning of the fete
CAR BOOT We will be having an area for car boot sales on the playing field at the Fete, but all pitches must be booked in advance by phoning Dawn on 01394 410331 no traders or food vendors thank you.

VILLAGE BREAKFAST the July breakfast was again most successful. The next Village Breakfast will be held on Saturday 7 September.


JUMBLE SALE our annual Jumble Sale in aid of the play equipment fund will take place in early October. Please hold onto any items of clothing, we will be collecting once the Fete is over. Thank you.

POLITE REMINDERS If you park your vehicles on the Memorial Hall car park can we remind you not to park in the yellow hatched area nor in the area where it asks to be kept clear. Thank you

SAFETY ON THE RECREATION GROUND We encourage children from the village to use their recreation ground but need to remind you and the children of the following:

GREEN STORAGE CONTAINER AND NEWSPAPER AND GLASS RECYCLING BANKS can we respectfully ask you to remind your children that the green storage container and recycling banks are ‘out of bounds’ and should not be climbed on. Broken glass can be left on the concrete apron although regularly cleared it is a hazard. If a youngster should fall or injure themselves whilst being on any of these containers then they would not be covered by the hall`s insurance. Thank you.

If you exercise your dogs on the playing field please clear up after your dog. When the grass on the playfield was last cut the mower had been cleared down afterwards as it had picked up piles of dog faeces. Children obviously play on the field and it is a health hazard if they should fall or pick up dog faeces. Thank you.

CHURCH NEWS

Did you miss out?

At the beginning of July, a group of people from Hollesley, Alderton and Bawdsey (pictured above) travelled to Scargill House, a Christian holiday and conference centre in the Yorkshire Dales to join around 80 others for a four day holiday/retreat.

There were three options, “Who’s on the big screen”, “Seeing Creation: God’s art and ours” and, for those who wanted a less cerebral challenge, a “Dales holiday”, as it was described, walking in “God’s own County!”

For those of us who took one of the first two options, we had the afternoons free so we too could walk in “God’s county “and it is breathtakingly beautiful.

Scargill is run by a community of Christian volunteers, into whose home we were warmly invited. From the moment I arrived I felt that indeed this was a living, breathing home to be appreciated, respected and enjoyed. Of course there were prayers, it is a Christian house but there was no pressure. If you didn't want to go to the uplifting chapel, you didn't have to but if you didn't, you missed out.

There is too much to say in a brief article but if anyone is interested the web site is www.scargillmovement.org or ask any of us who went.

I was unsure; I had never been on a retreat before; would I go again? You bet!

Jim Wyllie 411792

Revd Ruth adds: there will be an opportunity to hear more about our time at Scargill on Saturday 10th August at 10am in Hollesley church. All are welcome

DEBEN CHURCHES August 2019
Thurs 1st August 2.30 Glebe House, Hollesley, Evensong Pat S/Mel S
Sat 3rd August 12.00 Alderton, Wedding of James Dashwood & Rose Langley Revd Robin Alderson
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<th>Date</th>
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<td>Alderton, Holy Communion</td>
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<td>9.30</td>
<td>Sutton Heath, Family Communion</td>
<td>Canon David Lowe</td>
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<td>Bawdsey, Holy Communion</td>
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<td>Hollesley, Café</td>
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<td>Sutton, Holy Communion</td>
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<td>Glebe House, Hollesley, Holy Communion</td>
<td>Revd Michael/Pat S.</td>
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<td>25th August</td>
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<td>Boyton, Holy</td>
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**FRIENDSHIP LUNCH CLUB** the next meal will be on Thursday 15 August and will be held as usual in the Memorial Hall at 12 for 12.30. The price of the meal is £5 per person. All who are alone, lonely, find it difficult to cook are invited. **If you wish to attend you must book your place by phoning Sue on 411793 or Daphne on 384659.** If you are housebound and would like to have a meal delivered again contact Sue or Daphne.

**GIRLS NIGHT OUT** is an event held every other month by the Girls from All Saints Church, Sutton and held in the Memorial Hall, girls from the age of 16 to 80+ are welcome to join us. Tickets are...
£6 each and it is a bring your own drink event. The next evening will be Friday 27 September on a ‘Memories of Summer’ theme. **Tickets must be booked by Monday 23 September by phoning Sue on 01394 411793.**

**2019 FLOWER FESTIVAL** cards are now on sale from the flower festival. You will be able to purchase them at Coffee and Chat, Friendship Lunch and the Fete. Alternatively contact Sue on 411793 and she will arrange to get the cards to you. All proceeds from the sale of cards goes to the 2021 Flower fund. Photographs of the arrangements can be viewed on line by going to [http://sutton.onesuffolk.net/admin/pages/edit/show/199](http://sutton.onesuffolk.net/admin/pages/edit/show/199)

**PILATES CLASSES** at Hollesley, daytime and evening classes. For more details contact Sandy Renton Green on 01394 410530.

**WOODBRIECE PROBUS** The August speaker will be Peter Wain telling us about the long lost port of Gosford at the mouth of the Deben. Our venue on the first Monday of each month is Woodbridge Golf Club, a social get together, a delicious lunch and a fascinating speaker. Have a look at our website [woodbridgeprobus.org.uk](http://woodbridgeprobus.org.uk) you will be fascinated.

**BAWDSEY SCHOOL** At Bawdsey school we have just been given the most amazing news that we are the first school in the Ipswich and South Suffolk area to ever be awarded a Platinum award for the Suffolk School Games awards- we are very proud of all the sport we do and all the ways we are engaging the children to be healthy and active. Also we would like to say thank you to everyone who supported our Strawberry fair this year it raised a massive £1447.88 for the school. We appreciate all your continuing support and hope you will come to our community events next term including our Macmillan Coffee and open afternoon on Friday 27th September 2019.

**SET SAIL FOR AN ISLAND ADVENTURE THIS SUMMER** Nature lovers young and old can discover more about Suffolk’s only island this summer with the RSPB’s annual Havergate Adventure event, being held from 10-12 August 2019. Run by the RSPB Woodbridge Local Group, the Havergate Adventure offers an amazing opportunity for people to come and explore Havergate Island, its lagoons and salt marshes and encounter some of the wildlife that calls it home.

Now in its 31st year, the Adventure starts with an exhilarating 20-minute boat journey from Orford Quay to the Island. Once ashore, visitors explore the Island alongside an RSPB volunteer guide who will be on hand to help spot them some of the birds, animals and insects living on Havergate including the avocet – best known as the bird featured in the RSPB logo. To make sure visitors don’t miss any of the Island’s hidden treasures, binoculars are available to hire for free on the day.

At the end of the Adventure, visitors can buy homemade cakes, snacks and refreshments to enjoy along with a well-earned sit down, before heading back over the water to Orford.

This fun and fascinating wildlife event will be taking place on Saturday 10 August, Sunday 11 August and Monday 12 August, with guided tours leaving every half hour from 9.30am until 1.30pm from Orford Quay. Advance bookings only and tickets are £15 adults and £5 for under 16s.

RSPB Woodbridge Local Group leader Paul Hetherington said: “Havergate Island is alive with wildlife and during August, it becomes home to hundreds of wading birds including avocets and spoonbills which is a real sight to see. As well as the birds there’s also butterflies and insects and animals that also love island life – there’s so much to see and discover, it really is an unforgettable day out for the whole family.”

To book your tickets visit [www.rspb.org.uk/havergateisland](http://www.rspb.org.uk/havergateisland) or for more information search for RSPB Woodbridge Local Group on Facebook.

**PENINSULA SOCIAL CLUB** replacing the Hollesley Bay Day Club will be held in Hollesley Village Hall 2-4pm on the second and fourth Tuesday of each month. For further details please contact Alan on 01394 420092. Everyone welcome.
WICKHAM MARKET VILLAGE SHOW  71st Annual Show Saturday 3 August 12.30pm-4.30pm  
Sunday 4 August 12pm-3pm.  3pm Presentation of Awards followed by the Raffle.  Lunches, 
sandwiches, teas, cakes, tombola, raffle on both days.

DATE FOR YOUR DIARY  Concert at All Saints Church Sutton on Saturday 28 September, more 
details in September newsletter.

CONTACT NOS
Revd Ruth Hatchett, 01394 412052 ruth_hatchett@yahoo.co.uk Team
Vicar for Deben Churches
Daphne Menear 01394 384659 daphnemenear@hotmail.com Chairman
of Memorial Hall Committee
Nancy Darke 01394 412111 suttonparishccouncil@gmail.com Clerk to
Sutton Parish Council
Joy Porter - suttonmhbookings@gmail.com Hall hire

WHAT`S ON
1 August  Knit and Natter at the Swan Alderton from 130pm
3 August  Glebe House Fete from 1pm and mini dog show
17 August  Bawdsey Market from 2pm in Village Hall
18 August  Sutton Fete and Dog Show from 12noon
18 August  Suffolk Punch Trust Horse and Dog Show from 10am
25 August  Shottisham Fete around the Church from 12noon
Deben Ferry everyday 10am-6pm
Boathouse Café open every day 11am-5pm
Shelbys, Warren Hill weekdays 8am-4pm weekends 8.30am-3pm
Poppies, Sutton Heath, Monday to Friday 9am to 1.30pm closed Monday 19 August-Monday 2 September
Blue Rabbit Shottisham campsite Thursday, Friday, Saturday and Sunday 8.30-1130
Punch Trust open every day except Tuesday 10.30am-4.30pm.
Radar Museum Bawdsey open Wednesday, Thursday, Sunday and Bank Holiday 11am-4pm
Secrets and Spies talk on 4 August 11.30 and 2pm
Drop in Mondays at Shepherd and Dog Hollesley from 2pm
Drop in Wednesday at Alderton Swan from 10am

If you wish to include anything in the monthly newsletter please forward to Sue by 23rd of the month, 
also if you wish to receive the newsletter via email again please contact Sue on 01394 411793 or 
email susancollins@keme.co.uk