

# SUTTON NEWSLETTER NO 150 DECEMBER 2018

**MAY WE TAKE THE OPPORTUNITY TO WISHING YOU ALL A MERRY CHRISTMAS AND A HAPPY NEW YEAR.**

**VILLAGE WEB SITE** can be seen at <http://sutton.onesuffolk.net>

**PARISH COUNCIL NEWS SUTTON PARISH COUNCIL** if you have a matter you wish to bring to the attention of the Parish Council, the Clerk can be contacted on [suttonparishcouncil@gmail.com](mailto:suttonparishcouncil@gmail.com) .

**EXPERIENCING A POWER CUT** call 105, wherever you live, 105 will put you through to the right network operator. 105 is supported by the Government.

**PROPOSED REDUCTION TO VEHICLE SPEED LIMIT** from 40mph to 30mph – Woods Lane & Bredfield Road, Melton

**DOG FOULING** we have been asked to include another reminder about dog fouling! The footpaths skirting chequerfield are not walk able at the moment due to the amount of dog muck, it is obviously a large dog!! Please do pick up after your dog or if on a footpath and you do not have a bag with you, then kick the dog faeces into the field or the hedgerow please do not leave it on the footpath for someone else to stand in. Thank you.

**VILLAGE HIERARCHY** some of you may recall a meeting we had in the village hall to discuss the changes that were proposed for Sutton in the Draft Local Plan. I am happy to say that the District Council have reviewed our position in the village hierarchy and we have been returned to 'Countryside' which is where we have been hitherto. I am not saying anything categoric because things have a habit of changing in these times but hopefully we can stand down from protest mode for a few years now. I am grateful to the District Council for resolving our status. Many thanks to those of you who wrote to the Council at the time. It all makes a difference. I am also very grateful to Christine Block for her involvement which undoubtedly was of great assistance. George Franks



**The Peninsula Practice**

*The Small Practice with a Big Heart*

Telephone: Alderton 01394 411 641 & Orford 01394 450 315

[www.thepeninsulapractice.co.uk](http://www.thepeninsulapractice.co.uk)

DAY	ALDERTON	ORFORD	HOLLESLEY
Monday	8.00am to 2.30pm	8.00am to 6.30pm	1.30pm to 5.30pm
Tuesday	8.00am to 6.30pm	<b>CLOSED</b>	
Wednesday	8.00am to 6.30pm	8.00am to 1.00pm	
Thursday	8.00am to 6.30pm	8.00am to 1.00pm	
Friday	8.00am to 6.30pm	8.00am to 1.00pm	

Please note when a surgery is closed during the day, your call will be automatically transferred to the other site without the need to re-dial.

The Peninsula Practice Health and Wellbeing Day 2018 was hugely successful. People arrived smiling and left smiling. The stall holders were buzzing with enthusiasm from the many people enquiring and benefiting from knowing more about the services available to them.

345 patients' received the flu vaccination. From the 238 questionnaire forms we received predominately positive feedback, with three quarters of attendees finding the information stands helpful.

We are grateful to The Peninsula Practice Participation Group who helped organise the day and to Hollesley WI who at short notice provide refreshments throughout the afternoon.

**SURGERY CLOSURES** GP Closure PM- Wednesday 12th December 13.00-18.30

**CHRISTMAS CLOSURES** Tuesday 25<sup>th</sup> December, Wednesday 26<sup>th</sup> December and Tuesday 1<sup>st</sup> December.

**We would like to wish all residents of the Peninsula a very Merry Christmas & a Happy New Year**

**MOBILE LIBRARY** visits Sutton on Tuesday 11 December at the lay-by by Old Baptist Chapel, Woodbridge Road at 3.30pm **Use it or lose it! Dates for 2019:** 8 January, 5 February, 5 March, 2 April, 30 April, 28 May, 25 June, 23 July, 20 August, 17 September, 15 October, 12 November and 10 December.

**OUTREACH POST OFFICE VAN** visits the Memorial Hall on a Thursday morning from 9.30-10.30 all the usual post office facilities available.

**COFFEE AND CHAT** on Thursday 6 December from 9.30am in the Memorial Hall everyone welcome.

**SUTTON LADIES CLUB** normally meets on the second Thursday of the month in the Memorial Hall at 7.30pm. The December meeting will be held on Thursday 13 December when it will be a Christmas Social Evening. Members will

bring along Puddings to share and enjoy. If you require further information regarding Ladies Club please contact Jacki on 01394 411530 or Dawn on 01394 410331.

**MEMORIAL HALL NEWS** Daphne Menear will be on meet and greet for December and can be contacted on 01394 384659. All enquiries regarding booking of the Hall and the Recreation Ground or any equipment should be made to Joy on 01394 411886 or email on [suttonmhbookings@gmail.com](mailto:suttonmhbookings@gmail.com).

**CHRISTMAS MARKET** we would like to thank all who donated cakes etc to the Market, helped in any way or attended. Thank you also to the craft people who hired tables and supported us. Once again the Market was most successful and had a lovely atmosphere.

**CHRISTMAS TEA PARTY FOR SENIOR CITIZENS** to be held in the Memorial Hall on Monday 3 December at 2pm. For further details please contact Daphne on 01394 384659.

**QUIZ NIGHT WITH FISH AND CHIP SUPPER** the next Quiz at the hall will be on Friday 7 December. To book please contact Jacki on 01394 411530 or Daphne on 384659.

**\*\*\*\*VILLAGE PARTY CELEBRATION** will be held in the Memorial Hall on Saturday 5 January. The Twelfth Night Party this year was a huge success and we sold out of tickets! The party in January 2019 will run along the same lines – it will be a bring your own drinks event, music again by Flaming Cheek who are fantastic and we will serve hot food. All tickets must be bought in advance and there will be none available on the night as we can only accommodate a certain number because of our licensing requirements. Tickets will be £10 each and children under 14 will be free of charge. There will be a raffle at the end of the evening. If you require tickets please contact Sue on 01394 411793 or email [susancollins@keme.co.uk](mailto:susancollins@keme.co.uk)\*\*\*\*

**SUTTON BIG BREAKFAST** it has been suggested that we try a new venture in Sutton a breakfast club. A date for your 2019 diary, the first breakfast will be on Saturday 2 March from 9am in the Memorial Hall. It will be a chance to enjoy a cooked breakfast, read the newspapers and have a chat. More details in future newsletters

**TABLE TOP SALE** on Saturday 2 February at 2pm in the Memorial Hall. Tables can be hired to sell craft wares, bric a brac or whatever at £10 each. To book please contact Sue on 01394 411793 or Daphne on 01394 384659.

## CHURCH NEWS



Dear Friends

One of the (many) memorable moments of the film 'Stanley's War' is how Stanley's friend and mentor Arthur Hunt teaches him to use the stars (and, in particular, the North star) to find his way. "Follow the star and you won't get lost". Stanley passes this knowledge on to his comrades on the WW1 battlefield when they are wandering in circles and they are able to get back to base before the explosives go off.

'Following the stars' might mean different things to different people. These days we more likely to use satellite navigation than the stars in the sky to find our way. It could be interpreted as following the fortunes of celebrities or trying to imitate them. Or we might think of consulting our horoscope for astrological guidance according to the signs of the zodiac.

It's quite likely that the wise men who visited the infant Jesus in Bethlehem were astrologers. We are certainly told that they were guided by star. This Christmas the Church of England are encouraging us too to 'Follow the Star'; to make our journey to meet Jesus. For many of us, Christmas brings up so many emotions, memories and expectations. For you it might be a time of joy and togetherness. Or perhaps it's all about planning and to-do lists. Many others can find it a sad and lonely time.

But just like the unexpected assortment of people who were invited to meet the baby Jesus, *#FollowTheStar* doesn't ask you to be perfect. It says: come just as you are to take the life-changing Christmas journey. If we follow this star, it will help us find our way.

Wherever you are this Christmas, you are invited to follow the star and to be with Jesus. You are welcome. You are deeply known and truly loved. Each Christmas we are reminded of God's longing to surprise us with his gift of joy, love and new life. It's the greatest present we can receive and share with others! Wishing you every blessing this Christmas

Ruth

### **SERVICES FOR THE DEBEN CHURCHES IN DECEMBER**

2 Dec	8.00	Alderton, Holy Communion	Rev Ruth
	9.30	Hollesley, Sung Eucharist	Rev Michael
	<b>9.30</b>	<b>Sutton Heath, Christingle</b>	<b>Rev Ruth/Mel</b>

	11.00	Boyton, Holy Communion	Rev Michael
	11.00	Shottisham, Morning Praise	Helene Berry
Thur 6 Dec	2.30 pm	Glebe House, Hollesley, Evensong	Pat S/Mel
Sat 8 Dec	3.00pm	Boyton, Memories Service	Rev Ruth
9 Dec	8.00	Alderton, Holy Communion	Rev Ruth
	9.30	Hollesley, Family Communion	Rev Michael
	<b>9.30</b>	<b>Sutton, Christingle</b>	<b>Rev Ruth</b>
	6.00	Hollesley, Reflection and Song	Di Barnard
	6.00	Shottisham, Evensong	Mel tbc
	6.30	Ramsholt, Carol Service	Rev Ruth
16 Dec	8.00	Alderton, Holy Communion	Rev Ruth
	9.30	Hollesley, Sung Eucharist	Rev Michael
	11.00	Boyton, Christmas Carols	Rev Ruth
	<b>11.00</b>	<b>Sutton, Holy Communion</b>	<b>Rev Michael</b>
	3.00pm	Bawdsey, Carol Service	Rev Ruth
	6.30	Alderton, Carol Service	Rev Michael
Mon 17 Dec	2.00pm	Hollesley Church, Hollesley School Carol Concert (Rev Ruth)	
Thur 20 Dec	10.30	Glebe House, Hollesley, Holy Communion	Rev Ruth
23 Dec	8.00	Boyton, Holy Communion	Rev Ruth
	9.30	Hollesley, Café Sundae	Judy Foulger
	11.00	Ramsholt, Holy Communion	Rev Michael
	6.30	Shottisham Carol Service	Rev Michael
Mon 24 Dec	<b>4,00pm</b>	<b>Sutton, Carol Service</b>	<b>Rev Michael</b>
	5.00pm	Hollesley, Crib Service	Rev Ruth
	9.30pm	Shottisham, Christmas Communion	Rev Ruth
	11.30pm	Alderton, Midnight Mass	Rev Michael
	11.30pm	Hollesley, Midnight Mass	Rev Ruth
25 Dec	10.30	Bawdsey, Christmas Family Communion	
	<b>11.00</b>	<b>Sutton, Christmas Communion</b>	
30 Dec	11.00	Hollesley, Sung Eucharist with carols for the Deben Churches with the Deben Churches choir	Rev Ruth/Rev Michael

**FRIENDSHIP LUNCH CLUB** the next meal will be on **Thursday 20 December** and will be held as usual in the Memorial Hall at 12 for 12.30. The price of the meal is £5 per person. **If you wish to attend you must book your place by phoning Sue on 411793 or Daphne on 384659.** If you require transport please contact Sue or Daphne. If you are housebound and would like to have a meal delivered again contact Sue or Daphne.

**GIRLS NIGHT OUT** is an event held every other month by the Girls from All Saints Church, Sutton and held in the Memorial Hall, girls from the age of 16 to 80plus are welcome to join us. The next evening will be Friday 14 December a 'Buffeting Christmas'. Tickets will not be sold for this event as it will be a bring your own buffet, for more details please contact either Sue on 01394 411793 or Mel on 01394 420398.

**ALL SAINTS FOR CHRISTMAS -CHRISTMAS TREE AND WREATH FESTIVAL** in past years this has been so successful and we would like to invite you all adults and children alike to be part of the team that decorate All Saints for Christmas. If you would like to decorate a small Christmas tree (real or artificial) or make a wreath. Any medium for decoration can be used and either in a modern or traditional style. The trees should not be taller than 3'. The trees and wreaths can be lit provided that they are battery operated lights. If you would like to take part please leave your trees/wreaths in church from Monday 10 December. We plan to decorate the Church at the end of that week. Please leave a note of your name with your tree/wreath. Thank you. The Church for Christmas can be viewed from Sunday 15 December until Twelfth Night.

**PILATES CLASSES** at Hollesley, daytime and evening classes. For more details contact Sandy Renton Green on 01394 410530.

**THE SHUFFLERS ANNUAL CROSS COUNTRY RACE** is being held on the Sunday 2nd December, 2018. The race starts at 11.00 and should conclude early afternoon. There will be considerable traffic on and around the village hall which will be managed by stewards to minimize the disruption. There is an advance warning leaflet drop to residence with full details.

**COMMUNITY SOCIAL EVENT** will be held in the Memorial Hall on Friday 14 December offering lots of various local stall holders in attendance, hot beverages and cakes available. Open 10-12pm. Also a craft taster session in the afternoon of 14 December making hanging decorations from 2-4pm. Cost 5.00 per session booking essentials please contact Lyzi on 07561292098 to book. Please note this is a private hire and not organised by the Memorial Hall Committee.

**BAWDSEY SCHOOL** at Bawdsey school anyone is invited to come and have a **free NHS Health check** with thanks to One Life Suffolk. On the 3rd, 11th and 18th of December from 9.30-4 we are hosting a private room, with a private entry- away from the main school building for anyone who is between 40-74 years old. It will include a blood pressure and cholesterol check to assess your general health and any risks of diseases such as stroke, diabetes and heart

disease. Eligibility is for anyone who has not had an NHS health check in the last 5 years and with no current diagnosis of heart disease, high blood pressure, high cholesterol, diabetes, stroke, kidney disease or vascular dementia. To book an appointment time please phone the school on 01394411365.

The pupils from years 2-6 would also like to invite everyone to their Panto performances of 'Panto Pandemonium' on Tuesday 11th and Wednesday 12th December from 6pm- we hope to see you there. There are no costs involved. We also have a new Baby and Toddler group on a Tuesday morning which everyone is welcome to attend in the school hall. Fun for the children, a cuppa and a chance to chat for the adults from 9-11. Our longer running Baby and Toddler session on a Friday afternoon is now a stay and play afternoon in the EYFS setting, again fun for the children, a cuppa and a chance to chat for the adults. There are no costs and everyone is welcome.

**HELPING THE HOMELESS AT CHRISTMAS** for the third year running Jim and Si Collins will be visiting the homeless in Ipswich on Christmas Eve handing out gloves, hats, scarves, blankets and food. If you have anything you wish to donate please contact 01394 411793, thank you.



**A BIT OF CRAFT, CHAT AND COFFEE** do you enjoy doing crafts? If so would you be interested in meeting in the Memorial Hall on an informal basis, do you have a particular craft that you enjoy doing and would be prepared to share with others? A group of ladies in Sutton would like to organize craft sessions in the Memorial Hall. They realise that people who work might like to join in and consequently have decided that an evening session would probably be best and in the hall diary a Wednesday looks like a good evening to try. It would be run very informally a small charge would be made to cover the cost of the hire of the hall and refreshments. If you are interested then please contact Sue Collins on 01394 411793.

**TRAFFIC LIGHTS - FORD HILL** We have now been informed that they will be in place for approximately another year. The number to call in case of them breaking down during the week is 01473/834960. If they fail at the weekend please call us on 01394/410331 and we will report it to an Emergency Number (so keep these numbers safe). Please be mindful of the way you drive through the lights, we know it is frustrating but they are there for a reason and there have been instances where people have jumped them, eventually this will result in an accident. Also please remember we have to live here and it is just as frustrating for us! Thank you for your co-operation  
Dawn & Ray Kay Ford Hill

**POPPY COLLECTION** the collection in Sutton amounted to £162.89, thank you very much to all who contributed.

#### **WHAT`S ON**

- 6 Dec Special Opening of Radar Block 11am-3pm
- 8 Dec Community Café Christmas with Stalls from 9am
- 8 Dec Annual Christmas Craft Morning from 10am at Bawdsey Village Hall
- 8/9 Dec Suffolk Punch Trust Christmas Craft Faire and Santas Grotto from 10.30am.  
Tayberry cafe open, booking required 411327
- 9 Dec Vintage Afternoon Tea from 2.30pm Bawdsey Village Hall for Rainbow Childrens charity £12.50 per person  
Booking required 07867 335916
- 15 Dec Bawdsey Christmas Market from 2pm at Village Hall
- 15 Dec Cake Sale in aid of the Homeless at Hollesley Village Stores at 9am
- 15/16 Dec Suffolk Punch Trust – details same as above for 8/9Dec

If you would like to include anything in the newsletter please contact Sue on 01394 411793 or email [susancollins@keme.co.uk](mailto:susancollins@keme.co.uk) by 23 of month. If you wish to receive the newsletter via email please give permission to hold your email address on my newsletter mailing list and to forward you other important information as and when required.