

SUTTON NEWSLETTER NO 145 JULY 2018

VILLAGE WEB SITE can be seen at <http://sutton.onesuffolk.net>

PARISH COUNCIL NEWS SUTTON PARISH COUNCIL if you have a matter you wish to bring to the attention of the Parish Council, the Clerk can be contacted on suttonparishcouncil@gmail.com . The next Parish Council meeting will be on Tuesday 3 July at 7pm in Sutton Bowls Pavilion.

EXPERIENCING A POWER CUT call 105, wherever you live, 105 will put you through to the right network operator. 105 is supported by the Government.

MARY WARNER'S EDUCATIONAL FOUNDATION the charity is empowered to make grants to students who are under the age of 25 and who live (or whose parents live) in the Parishes of Boyton, Butley, Capel St. Andrew, Shottisham, Sutton, Bawdsey, Alderton and Hollesley and who may be in need of financial assistance.

The monies must be used for 'promoting education' and can include:

1. Awarding to eligible students scholarships, exhibitions, bursaries, maintenance allowances or grants tenable at any school, university, college of education, or other institution of further (including professional and technical) education approved for the purpose by the Trustees.
2. Providing financial assistance, outfits, clothing, tools, instruments or books to assist such persons to pursue their education (including the study of music and other arts), to undertake travel in furtherance thereof, or to prepare for or enter a profession, trade or service on leaving school, university, or other educational establishment.

The Trustees will be looking to make a fresh set of grants to such students at their next meeting in late September. If you are aware of any students in your Parish who may benefit from a grant, can you please ask them to contact us so that we can send them an application form. Preferably applications should be submitted after examination results are known and (if applicable) a college place has been confirmed. Please contact Jonathan Margaron Clerk to the Trustees at Cross, Ram and Co.Solicitors on 01986873636

DEFIBRILLATOR FOR SUTTON Many of you will be aware that a new defibrillator has been installed at the Sutton Memorial Hall. It has been gifted to the village by the family of the late Bernard and Gwen Wilkinson, in appreciation of the enjoyment and help their parents received in their 38 years of retirement in the village.

If someone is suspected to have had a heart attack, **the first action is to dial 999 and ask for an ambulance.**

The ambulance service will then dispatch the appropriate response vehicle and give you the code to unlock the green defibrillator cabinet on the wall of the Sutton Memorial Hall. Inside is a small zip case containing the defibrillator machine. The whole case should be taken to the scene of the emergency. The defibrillator should be removed from the case and the start button pressed. There is then a simple set of voice instructions to follow.

A set of simple instructions is attached to this newsletter for people to read so that everyone can familiarize themselves with the working of the machine, should they ever need to use it.

Finally, a defibrillator training course will be held in the small hall of the Sutton Memorial Hall at 1.30 p.m. on Wednesday September 19th 2018. Anyone is welcome to come on a first come first served basis. There are 12 places available on this course. Please contact Peter Youngs 01394 411269 to book a place.

Peter Youngs



Telephone: Alderton 01394 411 641 & Orford 01394 450 315

DAY	ALDERTON	ORFORD	HOLLESLEY
Monday	8.00am to 2.30pm	8.00am to 6.30pm	1.30pm to 5.30pm
Tuesday	8.00am to 18.30pm	CLOSED	
Wednesday	8.00am to 6.30pm	8.00am to 1.00pm	
Thursday	8.00am to 6.30pm	8.00am to 1.00pm	
Friday	8.00am to 6.30pm	8.00am to 1.00pm	

Please note when a surgery is closed during the day, your call will be automatically transferred to the other site without the need to re-dial.

NEW REGISTRATIONS We are delighted to announce that we are accepting patients of all ages from your address to our surgery. The Peninsula Practice is proud to offer you the full range of general practice services including full contraceptive services and minor surgical procedures and dispensing of medication on site. The surgery proud to be rated as OUTSTANDING for CQC.

Appointments can be booked with male or female GPs. We look forward to looking after your health needs.

Surgery Closures GP Training Closure – 18TH July 2018 13-00-18.30

MOBILE LIBRARY visits Sutton on Tuesday 24 July at the lay-by by Old Baptist Chapel, Woodbridge Road at 3.30pm **Use it or lose it!** **Dates for 2018:** 24 July, 21 August, 18 September, 16 October, 13 November, 11 December.

OUTREACH POST OFFICE VAN visits the Memorial Hall on a Thursday morning from 9.30-10.30 all the usual post office facilities available.

COFFEE AND CHAT on Thursday 5 July from 9.30am in the Memorial Hall everyone welcome.

SUTTON LADIES CLUB normally meets on the second Thursday of the month in the Memorial Hall at 7.30pm. However for the July meeting the date has changed and we will be visiting the Boat House Café at Bawdsey Ferry for Afternoon Tea on Thursday 5 July at 2.30pm. If you wish to attend or require further information please contact Jacki on 01394 411530. If you require further information regarding Ladies Club please contact Jacki on 01394 411530 or Dawn on 01394 410331.

MEMORIAL HALL NEWS Daphne Menear will be on meet and greet for July and can be contacted on 01394 384659. All enquiries regarding booking of the Hall and the Recreation Ground or any equipment should be made to Joy on 01394 411886 or email on suttonmhbookings@gmail.com.

2018 SUTTON SCARECROWS AND OPEN GARDENS EVENT a huge thank you to all those who worked so hard and opened your gardens to the public, to those who helped sell programmes, helped with refreshments and to those that visited the gardens. Also thank you to George and Ingrid for their hospitality and for the delicious Strawberry Cream Teas.

ANNUAL JUMBLE SALE for play equipment fund. We would like to make this the most profitable jumble sale to date to help with the fundraising for a new piece of equipment. The large wooden structure which has been on site since 1997 (second hand when we had it) has been well used by children of all ages and well loved by all. It is getting old and in due course does need to be replaced sometime in the future, to replace will cost thousands. Although we are only in July we are starting to collect items of clothing in good condition, bric a brac, toys, books puzzles etc and we are able to store it, so if you have anything you wish to donate please contact Sue, Daphne or Kelly. Thank you.

BLOSSOM APPEAL FASHION SHOW on Friday 28 September in Sutton Memorial Hall. For more information or to book please contact Jacki on 01394 411530 or Sue on 01394 411793.

CHURCH NEWS

Dear Friends

Over these summer months, through these letters, I am exploring the idea of pilgrimage. Pilgrimage has three important aspects – the journey, the destination and the going home – and this month I'm considering 'the journey' which is perhaps what we immediately think of when considering pilgrimage.

These days we are able to travel very quickly – by car, train or plane. Years ago, Michael and I used to travel to Norway by driving up to Newcastle and taking a ferry which took 24 hours to reach Norway and then we often had a long journey across Norway as well. Sadly, the ferry no longer operates but we can hop on a plane at Stansted and be in Oslo in a couple of hours. We've even gone to Norway for the day! But it's not the same. There is something about the journey – the slow, gradual physical transition from one place to another which is essential to the mental transformation which helps us to move on in our thoughts and attitudes and make room for new ideas.

Pilgrims often travel slowly – on foot or by bicycle, using our own bodies and energy to move us forward and allow time to observe our surroundings, to stop and stare, to listen to our environment and our companions. The travelling is more important than the arriving and pilgrims need to pay attention to each present moment, ideally with no time pressures and at our own pace.

Why not try a 'mini' pilgrimage sometime this month. Perhaps just to the end of the garden or on a daily walk with the dog; perhaps to one of our local churches (all open daily).

Wishing you every blessing



Rev Ruth will be away on extended study leave from 1st May until 31st July. All requests for christenings, weddings etc. should be directed to Revd Michael Hatchett (07801 655199/01394 412052, michael.hatchett@yahoo.co.uk). For pastoral support, please contact Revd Judith Andrews 01394 411642 judith.andrews@btinternet.com.

DEBEN CHURCHES SERVICES FOR JULY

1 July	8.00	Alderton Holy Communion	Rev Michael
	9.30	Sutton Heath, Family Worship	David L/Andrew T
	9.30	Hollesley, Sung Eucharist	Rev Michael
	11.00	Boyton, Holy Communion	Rev Robin Alderson
	11.00	Shottisham, Morning Praise	Rev Judith/Helene Berry
Thurs 5 July	2.30	Glebe House, Hollesley, Evensong	Pat S/Mel s
8 July	8.00	Alderton, Holy Communion	Rev Michael
	9.30	Hollesley, Family Communion	Rev Michael
	9.30	Sutton, Morning Praise	Mel Spurling tbc

	11.00	Bawdsey, Holy Communion	Rev Michael
	11.00	Ramsholt, Matins	Roy Tricker
	6.00	Shottisham, Evensong	Mel Spurling
	6.00	Hollesley, Reflection & Song	Di Barnard
15 July	8.00	Alderton, Holy Communion	Rev John Hare
	9.30	Hollesley, Sung Eucharist	Rev John Hare
	11.00	Sutton, Holy Communion	Rev John Hare
Thur 19 July	10.30	Glebe House, Hollesley, Holy Communion	Rev Judith/Pat S
Sat 21 July	12.00	Hollesley, Messy Church	Di Barnard & team
22 July	8.00	Boyton, Holy Communion	Rev Judith
	9.30	Hollesley, Café Sundae	Judy Foulger
	9.30	Shottisham, Family Communion	Ref Judith
	11.00	Bawdsey, Morning praise	Lydia/Joy
	11.00	Ramsholt Holy Communion	Roy Tricker
	6.30	Hollesley, Evensong	Gill Whiffen
	6.30	Sutton, Evensong	Mel Spurling
29 July	11.00	Bawdsey, Deben Churches joint Communion	Rev David Murdock

CHURCHYARD TIDY UP/CHURCH SPRING CLEAN thank you to all that spent time on 2 June strimming and cutting and polishing and cleaning and any other job not mentioned, it was much appreciated by all!

GIRLS NIGHT OUT is an event held every other month by the Girls from All Saints Church, Sutton and held in the Memorial Hall, girls from the age of 16 to 80plus are welcome to join us. Tickets are £6 each and it is a bring your own drink event. The next evening will be Friday 10 August on a 'Evening at the end of the Pier' theme. **Tickets must be booked by Monday 6 August, due to shopping for event and catering this date cannot be extended and we are also limited to 40 places.** To book please phone Sue on 411793 or email susancollins@keme.co.uk, or Mel on 420398.

KNITTED POPPIES we would like to have a wall of poppies in church for the Remembrance Service this year. If you knit or crochet and would be willing to knit/crochet poppies for us please contact Sue or Daphne. We can supply the wool and a copy of the pattern.

MEMORY BOOK As part of on-going work surrounding the burials and cremations in the churchyard, we are looking to create a Memory Book focusing on the lives of people buried there. If you wish for your relative to be included please reply with the following information: Name, Date of birth - Date of death, Family (Marriages, partners, children etc. and dates), Place of residence (and dates if known), Occupation or any other details. You may wish to include an Order of service, a eulogy or short piece of writing about the person and a picture. This information will be placed in a folder in the church and will be a permanent reminder of those people and the village itself over time. Please send this information to Mary-Jane King (mez_87@hotmail.co.uk)

FRIENDSHIP LUNCH CLUB the next meal will be on **Thursday 19 July** and will be held as usual in the Memorial Hall at 12 for 12.30. The price of the meal is £5 per person. **If you wish to attend you must book your place by phoning Sue on 411793 or Daphne on 384659.** If you require transport please contact Sue or Daphne. If you are housebound and would like to have a meal delivered again contact Sue or Daphne.

PILATES CLASSES at Hollesley, daytime and evening classes. For more details contact Sandy Renton Green on 01394 410530.

ADDERS during the recent hot weather Adders have been found in gardens in Old Post Office Lane. Should your dog be bitten, contact your vet immediately.

IT SUPPORT VOLUNTEER role with the Suffolk Punch Trust at Hollesley. An opportunity to use your IT skills and experience to help us manage our PC based system and hardware. For details contact John Lapsley on 0787 293 0683 or email info@suffolkpunchtrust.org

PUBLIC MEETING 3rd July 7:30 Hollesley Village Hall Your Local Community Land Trust has been set up to deliver affordable and rentable housing to the local community. Come and find out more, meet the Trustees, find out how to get involved and become a member. Refreshments provided, tea and coffee from 7.00pm and stay for a glass of wine and a chat with the team at the end of the meeting. Peninsula Village Community Land Trust.

BAWDSEY RADAR is open every Thursday, Sunday and Bank Holiday Monday between now and October, for opening times visit the website. We are also looking for volunteers to do various roles again see the website for further info.

OPEN AIR CHARITY SHOWING OF WAR HORSE The Peninsula 2018 Poppy Project in association with The Sutton Hall Estate are holding an Open Air Charity Showing of WAR HORSE a STEVEN SPIELBERG Film Saturday 1st September 2018 Doors Open at 6.30pm. Bring your own picnics and blankets. Also please bring your own chairs. The event is part of the 'Peninsula 2018' celebrations and ALL proceeds will be going to the Suffolk branch of The Royal British Legion and The Suffolk Punch Trust. The link to the website is www.peninsula2018.org/warhorse.

ALL SAINTS SUTTON ARTS AND CRAFT EXHIBITION AND SALE on Saturday 28 and Sunday 29 July. This is a first for All Saints and we are pleased to say that we have many local artists who are exhibiting their paintings/prints in the Church during the weekend. All the paintings on display will be for sale. We will also have a selection of craft stalls selling in the church. There will also be some demonstrations of crafts and various exhibitions of craft which

will not be for sale. The event runs from 10am-4pm both days and we will serve light refreshments from the marquee during the hours that the Church is open. If anyone can help serve refreshments please contact either Sue on 01394 411793 or Daphne on 01394 384659. Likewise if you are able to provide a cake for the refreshments please contact Sue or Daphne. Thank you.

HAVERGATE ADVENTURE PRESS RELEASE 2018 A special event - the annual 'Havergate Adventure,' run for the 30th year by the RSPB Woodbridge Local Group, takes place from Saturday 18 to Monday 20 August. Boats depart hourly from Orford Quay from 9.30 am to 1.30 pm and include a two hour guided bird watching walk on Havergate Island. The visit time is 2 hrs and 40 mins. Home made refreshments will be available on the island and binoculars will be available on free loan. Tickets cost £15 or £3 for under 16s. To book please visit the Havergate website on www.rspb.org.uk/havergateisland Or, for more information call the Havergate Office on 01394 450732 to speak to us or leave a message so that we can get back to you.

RSPB Woodbridge group leader, Paul Hetherington, said, "The island has a unique atmosphere and we are looking forward to welcoming new visitors with their families as well as many regulars. You can see a wide range of birds, get close to the brown hares, enjoy excellent views of spoonbills with their incredible bills and listen to the crunch of shingle beneath your feet and the cacophony of screaming gulls as you stroll around this beautiful island. Our guides will help you discover Havergate's hidden secrets."

MIDSUMMER MISHMASH! Hollesley Village Hall, Saturday July 21st at 7.30pm. Music, song and dance - something for everyone - Bluewave Band, Windblown, Shingle Street Folk Band, Gypsy Dreams Belly Dancers and more! All proceeds to **Suffolk Animal Rescue**. Light refreshments available. Bring your own alcoholic drinks. Raffle. Tickets £5 available from Hollesley Post Office or phone Sylvia on 01394 411526. Please buy or reserve tickets in advance as seats are limited.

BAWDSEY SCHOOL Congratulations to Sebastian Mobee, now in Year 10 at Farlingaye, who has recently been selected for the U15 England basketball team. Sebastian attended Bawdsey primary school and has been a member of Ipswich Basketball Club for many years. He has progressed through the East of England selection process to the dizzy heights of the England team. He has just been to Copenhagen and played his first game as part of the squad. As a school, we are so proud of his achievements and hope that he inspires the children in school to pursue their own dreams.

As well as this amazing news our children have been lucky enough to be training with Katy's Sealy, a Belize Olympic competitor. They have also taken part in the massive Quadkids competition against 400 pupils for the Suffolk school games.

Mrs Rankin our sport leader has also started arranging competitions in different sports for all the local small schools, with the support of Farlingaye High School and we are working towards our next Gold award in sport.

We are also very proud of our year 5 pupils' participation in a concert of almost 400 pupils playing their brass instruments at Trinity park. Next month we are also looking forward to greeting a very special guest at the Bawdsey Radar museum. We have started making our flags ready and feel privileged to be invited!

Do come along to our Strawberry fair on Wednesday 11th July. Starting after Sports day at 2.30. This Summer fair is always great fun and everyone is welcome.

Baby and Toddler group is every Friday from 1.30, all again are welcome to come and play in the EYFS setting and there are no costs. No booking required.

Seniors' lunches are the second Thursday of each month. Do come to join us for a two course lunch for £3.40. Please phone the school to book 01394 411365.

WHAT`S ON:

3 July 7pm Hollesley Village Hall Public Meeting on Peninsula Villages Land Trust
7 July Alderton Fete and Classic Cars from 2pm on Recreation Ground
18 July Gardening Club 7.30pm in Bowls Hut, Hollesley, speaker Graham Proctor of Crown Nursery
21 July Bawdsey market 2pm Village Hall
21 July Midsummer Mishmash at Hollesley Village Hall from 7.30pm Tickets£5 from Hollesley Post Office or phone 01394 411526
28/29 July All Saints Sutton Arts and craft Exhibition 10am-4pm
Bawdsey Radar – Thursdays/Sundays 11am-4pm. Deben Ferry 10am-6pm every day. Boathouse Café Thursdays to Mondays 11am-5pm. Shelbys Warren Hill, weekdays 8am-4pm weekends 8.30am-3pm. Suffolk Punch Trust/Wild Tayberry Café Fridays to Mondays 10.30-4pm

If you would like to include anything in the newsletter please contact Sue on 01394 411793 or email susancollins@keme.co.uk by 23 of month. Likewise if you wish to receive newsletter via email please contact Sue. Occasionally we are asked to forward urgent/important information around the village. Unfortunately this is not possible to do by hand but by signing up for an electronic version of the newsletter it does enable any urgent information to be forwarded to you immediately via your email address. Thank you.